





Analysis Report

July 2021

Foreword	2
Background	
Key findings	
Next steps	3
Appendix 1: Questionnaire	5
Appendix 2: Data tables	

Foreword

As of 19 July 2021, social distancing restrictions were lifted in England. Many people are dubbing this as 'Freedom Day'. However, many people with neurological conditions are feeling extremely apprehensive, and understandably so – restrictions are being lifted as the UK tops the global leader board for most new daily cases of the virus. And, no requirement to shield means no supporting shielding letter. For many people with neurological conditions, this could mean choosing between your health or your job.

We wanted to understand this situation in more detail, so these past two months we asked our NeuroLifeNow community to let us know what they thought about restrictions being lifted. Notably, a third said they felt that Government were lifting restrictions too quickly. 58% felt restrictions were being lifted at about the right speed.

"Covid-19 has brought another dimension to hidden disabilities. I sometimes feel invisible as my condition is hidden and some people don't realise that I am suffering."

Services continue to face immense pressure too – as of May 2021, the number of people waiting for a neurology or neurosurgery appointment on the NHS has increased to more than 10,000 people. Capacity of services has not, of course, increased in parallel.

In this context, it is unsurprising but not acceptable that 4 in 10 of those who responded to the NeuroLifeNow in May and June said their mental health needs were not being met. This group were also more likely to report feeling anxious and/or hopeless. . If you live with a neurological condition, or care for someone who does, please get in contact with the Brain & Spine Foundation if you need support or wish to join one of their peer support groups. Call the free, professional Helpline on o808 808 1000 Monday – Thursday, 9am – 4pm or email helpline@brainandspine.org.uk

The insight from this report is being used to directly campaign for much needed support to improve services for people with neurological conditions. Just in the past few months alone, data from the March report was shared with more than 100 managers of neurological services and the April data has been shared with the NHS England and NHS Improvement outpatient transformation team as they develop guidance for further roll-out of remote consultations in outpatient neurological care.

The experiences you share are absolutely central to trying to secure a improved treatment and support for people with neurological conditions. Thank you.

Marc Smith, CEO Brain and Spine Foundation Georgina Carr, CEO Neurological Alliance (England)

Background

NeuroLifeNow is a new app that supports people with neurological conditions to share experiences of their care in the last 8 weeks. In return, they can access news and information relevant to living with a neurological condition and professional support services run by the Brain & Spine Foundation. In as little as three weeks from closure of the questionnaire, respondents can review the experiences of other people with neurological conditions too. The data in this report is derived from responses received between 1 May – 30 June 2021. The full questionnaire and data tables are available in the appendices.

Key findings

- 252 people shared their experiences in May and June, with 80% female respondents and 19% male. 62 different neurological conditions and symptoms were represented in the survey. The top three conditions or symptoms represented were multiple sclerosis, chiari malformation and migraine.
- 58% of respondents said that they felt the Government were lifting COVID-19 restrictions at about the right speed. Notably, a third felt that restrictions were being lifted too quickly.
- 17% of people felt their care was poor or very poor.
- 41% of respondents said their mental health needs were being met to a small extent or not at all. 60% of those who reported feeling anxious and/or hopeless reported that their mental health needs were being met to a small extent or not at all.
- Overall, 70% of the medical appointments evaluated were considered helpful.
- 23% of appointments reported were with a GP; 15% of appointments reported were with a physiotherapist, and 14% of appointments were with a neurologist. Just 65% of GP appointments were found helpful.
- 72% of respondents said they were following Government advice on COVID-19 completely (vs. 76% in April).
- 42% of appointments reported were delivered by phone, 27% of which were considered unhelpful. 87% of appointments by videoconference were considered helpful, and 82% of face to face appointments were deemed helpful.

Next steps

Our priority this month has been to review progress made, and importantly, listen to feedback from people with neurological conditions about the app. This feedback is being used to make some immediate changes to the platform, including:

- Reducing the questionnaire frequency from every 4 weeks to every 8

- Reviewing the questionnaire on a regular basis, including using input from people with neurological conditions
- Exploring options to gather and analyse 'qualitative' insight from people with neurological conditions we hope to have this in place by September
- Reviewing how we communicate with the neurological community and the channels available to us to do so – many people had not yet seen the reports from the app. We want every person who contributes to at least be aware of the report, and delve more deeply into the data if they wish.

The experiences shared in this report have also been shared with the NHS England and NHS Improvement outpatient and neuroscience transformation teams, who are looking to drive up standards of care, as well as reduce unwarranted variation in both access and funding. The teams have both indicated the importance and value of the experiences shared via the platform.

Appendix 1: Questionnaire

Question	Hint	Answer	Answer	Answer	Answer	Answer	Answer	Answer	Answer	Answer	Answer10
		1	2	3	4	5	6	7	8	9	
Are you filling in		Yes	No	I do not							
this				live with							
questionnaire				a							
for yourself?				neurolog							
				ical							
				conditio							
				n							
To what extent		Complet	To some	Not at	Don't						
have you been		ely	extent	all	know						
following											
government											
rules on how to											
respond to the											
coronavirus?											
Overall, do you		Too	Тоо	About							
think the		quickly	slowly	the right							
government is				speed							
relaxing											
coronavirus											
restrictions											
Which of the		Calm	Well	Anxious	Hopeles	Lonely					
following			supporte		S						
describes how			d								
you feel at the											
moment?											
Please tick all											
that apply											
To what extent		To a	To a	To a	Not at	Don't					
do you feel your		great	moderat	small	all	know					
mental health		extent	e extent	extent							
needs are being											
met?											

Thinking about your finances, how are you coping at the moment?		I have enough money to manage well	I have enough money to get by	I am strugglin g to cover my costs	I do not have enough money to cover my basic needs					
Have you accessed treatment, care or support for your neurological condition in the past 8 weeks?	This could include support from the NHS, care providers or charities	Yes	No							
Overall, how would you describe your experience of your health and care services in the last eight weeks?	Services could include contact with a health and care professional about treatment and support for your neurological condition. This could include contact by letter, phone, videoconferen ce or face to face.	Very Good	Good	Average	Poor	Very Poor	Not applicab le			
How many medical		0	1	2	3	4	5	6 or more		

appointments (including remote appointments) have you had in the last eight weeks?											
Who was your medical appointment with?	Tell us which health or care professional you had your first appointment in the last 4 weeks with	Neurolo gist	Specialis t nurse	Physioth erapist	Speech and languag e therapis t	Occupat ional therapis t	Psychol ogist/Ps ychiatris t	GP	Social services	Neurosu rgeon	Other (please specify)
Other (please specify)		Other (please specify)									
How was your medical appointment delivered?	Tell us how you spoke with your medical professional	Phone	Videoco nference	Via text/Wh atsApp	Face to face	Other (please specify)					
Other (please specify)		Other (please specify)									
How helpful was your medical appointment?		It was helpful	It was not helpful	Don't know							
Have any of your medical appointments or procedures been cancelled	This refers to procedures or appointments that have been cancelled and	Yes	No	Don't know							

in the last 8 weeks?	you do not know when they have been rescheduled until										
Which appointments or procedures have been cancelled? Please tick all that apply		A drug therapy appoint ment	A routine appoint ment with a neurolog ist	A first appoint ment with a neurolog ist	An appoint ment with a specialis t nurse	Diagnos tic tests	An appoint ment for surgery	An appoint ment with a psycholo gist or psychiat rist	A physioth erapy appoint ment	A GP appoint ment	Other (please specify)
Other (please specify)											
Have any of your medical appointments or procedures been delayed in the last 8 weeks?	This refers to procedures or appointments that have been delayed and a new date has been set for them to go ahead	Yes	No	Don't know							
Which appointments have been delayed? Please tick all that apply		A drug therapy appoint ment	A routine appoint ment with a neurolog ist	A first appoint ment with a neurolog ist	An appoint ment with a specialis t nurse	Diagnos tic tests	An appoint ment for surgery	An appoint ment with a psycholo gist or psychiat rist	A physioth erapy appoint ment	A GP appoint ment	Other (please specify)

Other (please specify)	Other (please specify)							
Overall, approximately how long have your appointments been delayed until?	Less than 1 month	1 - 2 months	3 - 6 months	6 - 12 months	More than a year	I do not know		
How many times have you sought A&E/emergenc y support from the NHS as a result of your neurological condition in the last 8 weeks?	0	1- 2 times	3 - 5 times	6 or more times				
Overall, do you feel that your experience of emergency care was different during the COVID-19 pandemic compared to before the pandemic?	It was better	It was the same	It was worse					
Please tell us why								

Appendix 2: Data tables

Table of Figures

Figure 1: Gender of respondents	. 15
Figure 2: Age of respondents	. 16
Figure 3: Marital status of respondents	. 18
Figure 4: Employment status of respondents	. 19
Figure 5: Financial status of respondents	. 20
Figure 6: Extent to which respondents are following Government advice on COVID-19	. 21
Figure 7: Neurological conditions and symptoms	. 22
Figure 8: Ethnicity of respondents	. 25
Figure 9: Evaluation of speed of lifting COVID-19 restrictions	. 26
Figure 10: Overall, what has your experience of care been like in the past 8 weeks?	. 27
Figure 11: Experience of care by gender	. 28
Figure 12: Experience of care by employment status	. 30
Figure 13: Experience of care by number of dependents	. 33
Figure 14: Experience of care by marital status	. 35
Figure 15: Experience of care and mental wellbeing	. 37
Figure 16: Experience of care by delays to care	. 39
Figure 17: Experience of care by cancellations to care	. 41
Figure 18: Experience of care by financial status	. 43
Figure 19: Experience of care by age group	. 45
Figure 20: Experience of care by ethnicity	. 48
Figure 21: Delays to care by feelings of anxiety or hopelessness	. 50
Figure 22: Cancellations to care by feelings of anxiety or hopelessness	. 51
Figure 23: How many times have you sought emergency care in the last 4 weeks?	. 52
Figure 24: Emergency support by gender	. 53
Figure 25: Emergency support by employment status	. 55
Figure 26: Emergency support by number of dependents	. 58
Figure 27: Marital status by frequency of emergency support	. 60
Figure 28: Anxious or Hopeless Feeling and frequency of emergency support	. 62
Figure 29: Delays to Care and frequency of emergency support	. 63
Figure 30: Cancellation of Care and frequency of emergency support	
Figure 31: Financial Status and frequency of emergency support	. 65
Figure 32: Age and frequency of emergency support	. 67

Figure 34: Change to emergency support	69
Figure 35: Proportion of respondents who had accessed support in the past 8 weeks	70
Figure 36: Number of Medical Appointments in the past 8 weeks	71
Figure 37: Helpfulness of medical appointments	73
Figure 38: Type of appointment	74
Figure 39: Helpfulness of appointment by specialty	75
Figure 40: Mode of delivery	78
Figure 41: Helpfulness by mode of delivery	79
Figure 42: To what extent are your mental health needs being met?	81
Figure 43: Mental health needs met by gender	82
Figure 44: Mental Health Needs Met by employment status	85
Figure 45: Number of Dependents by Mental Health Needs Met	
Figure 46: Mental health needs met by marital status	90
Figure 47: Anxious or hopeless feeling	92
Figure 48: Anxious or hopeless feeling by ethnicity	93
Figure 49: Anxious or hopeless feeling by marital status	94
Figure 50: Anxious or hopeless feeling by employment status	
Figure 51: Anxious or hopeless feeling by financial status	
Figure 52: Anxious or Hopeless Feeling by Mental Health Needs Met10	
Figure 53: Delay to Care by the Extent Mental Health Needs Met10	01
Figure 54: Cancellation of Care by the Extent Mental Health Needs Met10	
Figure 55: Financial Status by Extent Mental Health Needs Met1	
Figure 56: Age group and Extent Mental Health Needs Met	07
Figure 57: Ethnicity and Extent Mental Health Needs Met	10

Tables

Table 1: Gender of respondents	15
Table 2: Age of respondents	
Table 3: Marital status of respondents	18
Table 4: Employment status of respondents	19
Table 5: Financial status of respondents	20
Table 6: Extent to which respondents are following Government advice on COVID-19	21
Table 7: Neurological conditions and symptoms	
Table 8: Ethnicity of respondents	25
Table 9: Evaluation of speed of lifting COVID-19 restrictions	
Table 10: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?	27
Table 11: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by gender	
Table 12: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by employment status	31
Table 13: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by dependents	34
Table 14: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by marital status	36
Table 15: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by feelings of being anxiou	us or
hopeless	
Table 16: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by feelings of being anxious	us or
hopeless	
Table 17: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by whether or not they ha	d
experienced cancellations of care	
Table 18: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by reported financial statu	JS . 44
Table 19: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by age group	46
Table 20: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by ethnicity	49
Table 21: No. and type of responses to the question 'Did you experience delays to your care?' by feelings of anxiety or hopelessness	50
Table 22: No. and type of responses to the question 'Did you experience cancellations to your care?' by feelings of anxiety or hopelessness	51
Table 23: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?'	52
Table 24: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by gender	54
Table 25: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by employment statu	s 56
Table 26: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by number of depend	ents
	59
Table 27: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by number of marital	
status	
Table 28: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by those who reported	d
feelings of anxiety and/or hopelessness	

Table 29: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by those who reporte	d
delays to caredelays to care	63
Table 30: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by those who reported	d
cancellations to care	
Table 31: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by financial status	
Table 32: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by age group	68
Table 34: No. of responses to the question 'Overall, do you feel that your experience of emergency care was different during the COVID-19	
pandemic compared to before the pandemic?'	
Table 35: No. of responses to the question 'Have you accessed treatment, care or support for your neurological condition in the past 8 weeks?	
Table 36: No. of responses to the question 'How many medical appointments (including remote appointments) have you had in the last 8 week	
Table 37: Helpfulness of medical appointments	
Table 38: Type of medical appointment	
Table 39: Helpfulness of appointment by specialty	
Table 40: Mode of delivery	
Table 41: Helpfulness by mode of delivery	79
Table 42: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?'	
Table 43: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by gender	
Table 44: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by employment sta	
Table 45: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by number of	
dependents	89
Table 46: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by marital status	
Table 47: Anxious or hopeless feeling	
Table 48: Anxious or hopeless feeling by ethnicity	
Table 49: Anxious or hopeless feeling by marital status	
Table 50: Anxious or hopeless feeling by employment status	
Table 51: Anxious or hopeless feeling by financial status	
Table 52: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by feelings of anxiety	
hopelessnesshopelessness	100
Table 53: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by delays to care	101
Table 54: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by cancellation of o	
	104
Table 55: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by financial status	
Table 56: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by age group	108

Demographics

Figure 1: Gender of respondents

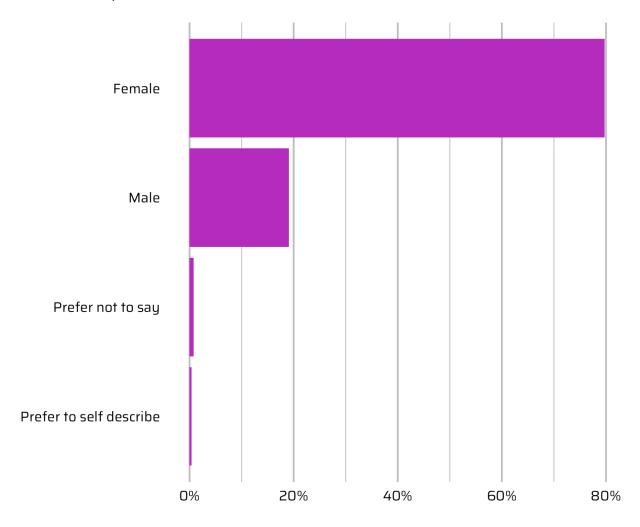


Table 1: Gender of respondents

Gender	Respondents	Percentage
Female	201	80
Male	48	19
Prefer not to say	2	1
Prefer to self describe	1	0

Figure 2: Age of respondents

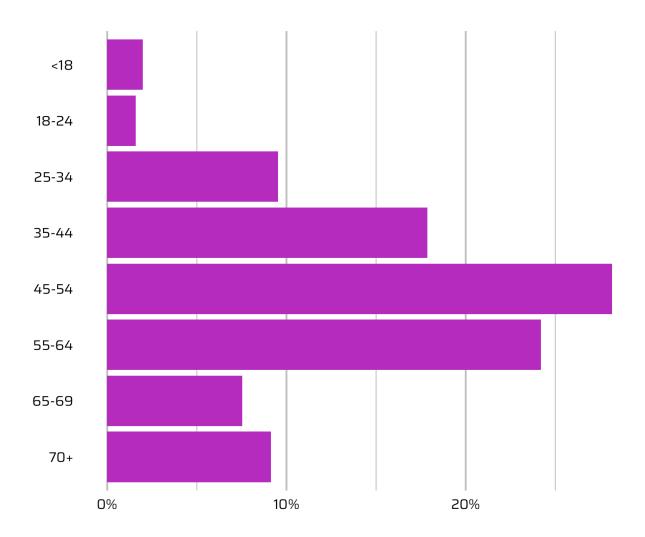


Table 2: Age of respondents

Age	Respondents	Percentage
<18	5	2
18-	4	2
24		
25-	24	10
34		
35-	45	18
44		
45-	71	28
54		
55-	61	24
64		
65-	19	8
69		
70+	23	9

Figure 3: Marital status of respondents

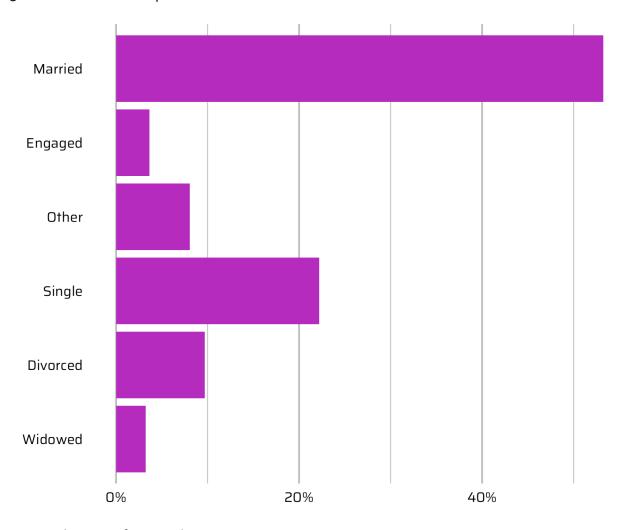


Table 3: Marital status of respondents

Marital Status	Respondents	Percentage
Married	132	53
Engaged	9	4
Other	20	8
Single	55	22
Divorced	24	10
Widowed	8	3

Figure 4: Employment status of respondents

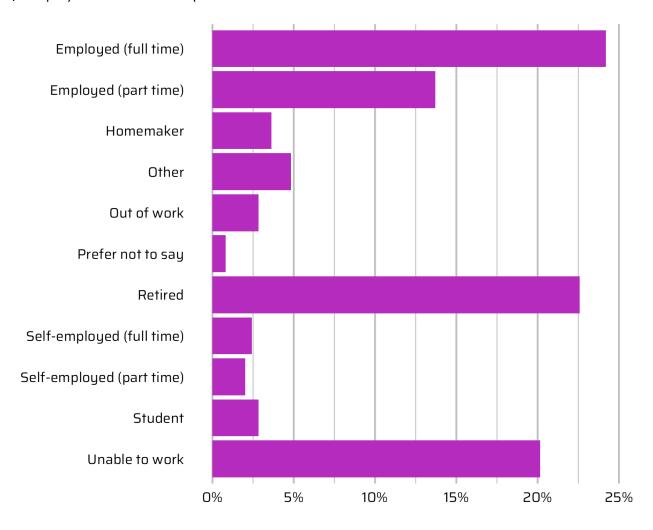


Table 4: Employment status of respondents

Employment Status	Respondents	Percentage
Employed (full time)	60	24
Employed (part time)	34	14
Homemaker	9	4
Other	12	5
Out of work	7	3
Prefer not to say	2	1
Retired	56	23
Self-employed (full time)	6	2
Self-employed (part time)	5	2
Student	7	3
Unable to work	50	20

Figure 5: Financial status of respondents

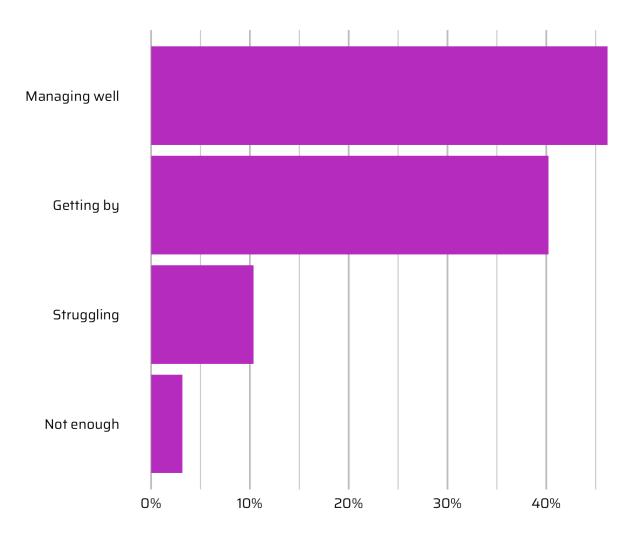


Table 5: Financial status of respondents

Financial Status	Respondents	Percentage
Managing well	116	46
Getting by	101	40
Struggling	26	10
Not enough	8	3

Figure 6: Extent to which respondents are following Government advice on COVID-19

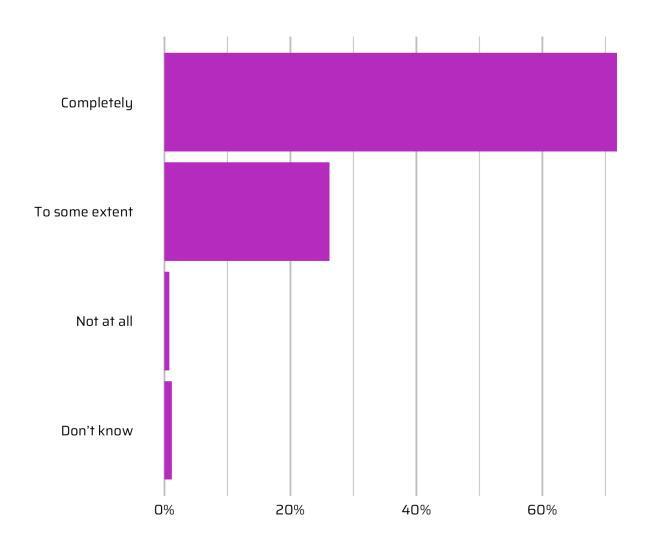


Table 6: Extent to which respondents are following Government advice on COVID-19

Following Advice	Respondents	Percentage
Completely	181	72
To some extent	66	26
Not at all	2	1
Don't know	3	1

Figure 7: Neurological conditions and symptoms

Nota bene: A single respondent may have multiple neurological conditions, therefore for this analysis the number of respondents per condition do not add up to the total number of respondents and the percentages do not add up to 100%.

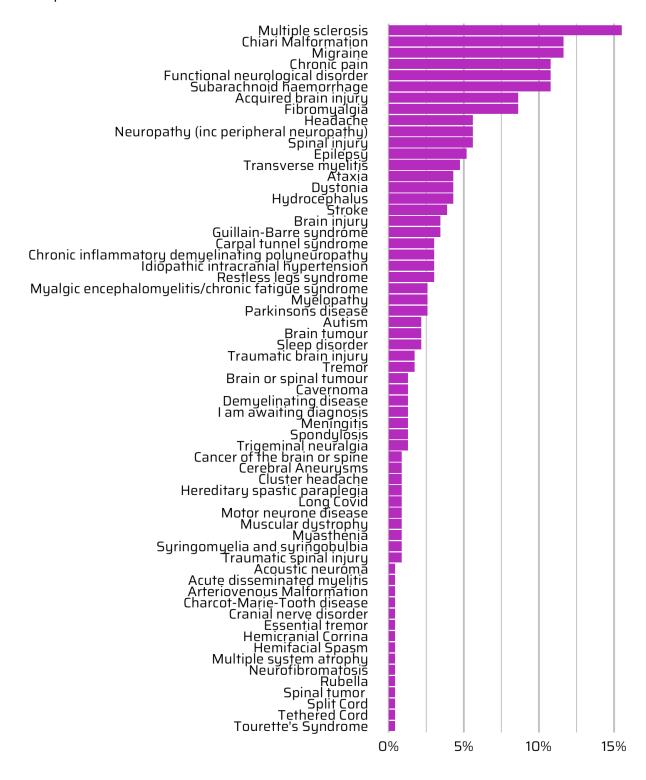


Table 7: Neurological conditions and symptoms

Condition	Respondents	Percentage
Multiple sclerosis	36	16
Chiari Malformation	27	12
Migraine	27	12
Chronic pain	25	11
Functional neurological disorder	25	11
Subarachnoid haemorrhage	25	11
Acquired brain injury	20	9
Fibromyalgia	20	9
Headache	13	6
Neuropathy (inc peripheral neuropathy)	13	6
Spinal injury	13	6
Epilepsy	12	5
Transverse myelitis	11	5
Ataxia	10	4
Dystonia	10	4
Hydrocephalus	10	4
Stroke	9	4
Brain injury	8	3
Guillain-Barre syndrome	8	3
Carpal tunnel syndrome	7	3
Chronic inflammatory demyelinating polyneuropathy	7	3
Idiopathic intracranial hypertension	7	3
Restless legs syndrome	7	3
Myalgic encephalomyelitis/chronic fatigue syndrome	6	3
Myelopathy	6	3
Parkinsons disease	6	3
Autism	5	2
Brain tumour	5	2
Sleep disorder	5	2
Traumatic brain injury	4	2
Tremor	4	2
Brain or spinal tumour	3	1
Cavernoma	3	1
Demyelinating disease	3	1
I am awaiting diagnosis	3	1

Meningitis	3	1
Spondylosis	3	1
Trigeminal neuralgia	3	1
Cancer of the brain or spine	2	1
Cerebral Aneurysms	2	1
Cluster headache	2	1
Hereditary spastic paraplegia	2	1
Long Covid	2	1
Motor neurone disease	2	1
Muscular dystrophy	2	1
Myasthenia	2	1
Syringomyelia and syringobulbia	2	1
Traumatic spinal injury	2	1
Acoustic neuroma	1	0
Acute disseminated myelitis	1	0
Arteriovenous Malformation	1	0
Charcot-Marie-Tooth disease	1	О
Cranial nerve disorder	1	О
Essential tremor	1	0
Hemicranial Corrina	1	0
Hemifacial Spasm	1	0
Multiple system atrophy	1	0
Neurofibromatosis	1	0
Rubella	1	0
Spinal tumor	1	0
Split Cord	1	0
Tethered Cord	1	0
Tourette's Syndrome	1	0

Figure 8: Ethnicity of respondents

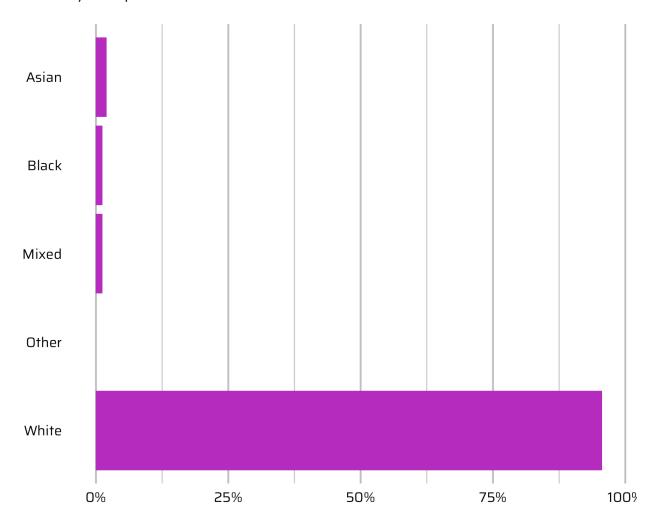


Table 8: Ethnicity of respondents

Ethnicity	Respondents	Percentage
Asian	5	2
Black	3	1
Mixed	3	1
Other	0	0
White	241	96

Figure 9: Evaluation of speed of lifting COVID-19 restrictions

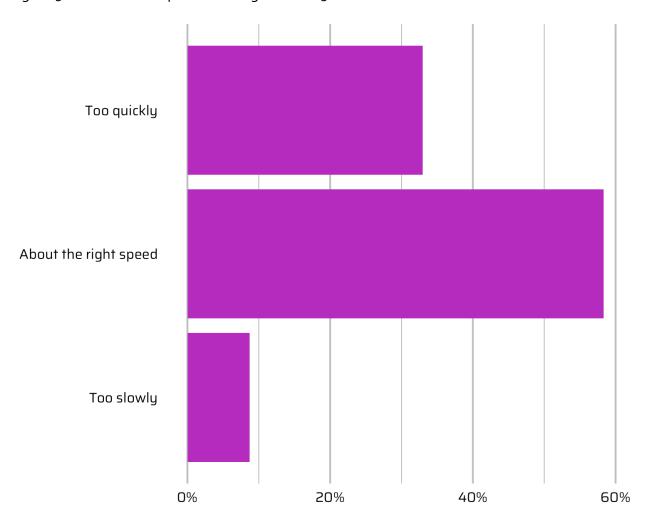


Table 9: Evaluation of speed of lifting COVID-19 restrictions

Speed	Respondents	Percentage
Too quickly	83	33
About the right speed	147	58
Too slowly	22	9

Experience Overall



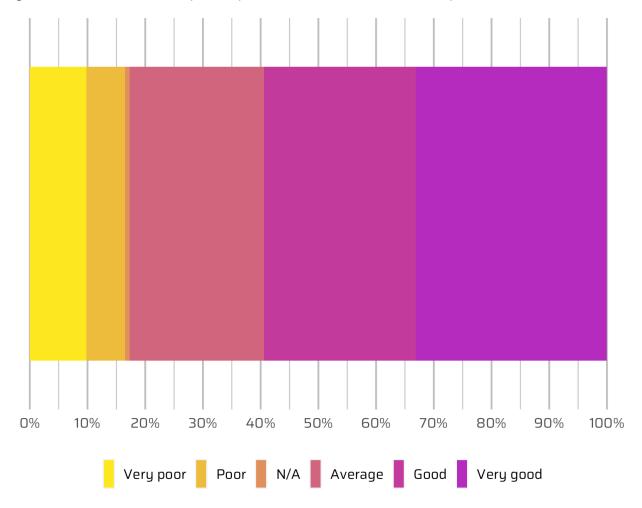


Table 10: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?

Experience	Respondents	Percentage
Very good	44	33
Good	35	26
Average	31	23
N/A	1	1
Poor	9	7
Very poor	13	10

Figure 11: Experience of care by gender

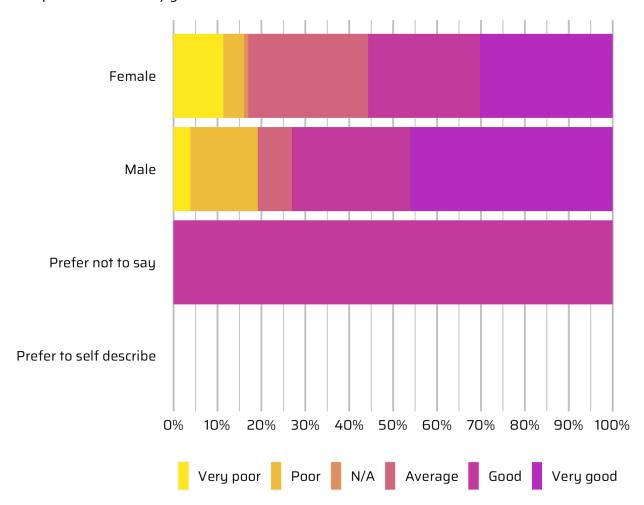


Table 11: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by gender

Gender	Experience	Respondents	Percentage
Female	Very good	32	30
Female	Good	27	25
Female	Average	29	27
Female	N/A	1	1
Female	Poor	5	5
Female	Very poor	12	11
Male	Very good	12	46
Male	Good	7	27
Male	Average	2	8
Male	N/A	0	0
Male	Poor	4	15
Male	Very poor	1	4
Prefer not to say	Very good	0	0
Prefer not to say	Good	1	100
Prefer not to say	Average	0	0
Prefer not to say	N/A	0	0
Prefer not to say	Poor	0	0
Prefer not to say	Very poor	0	0
Prefer to self describe	Very good	0	NaN
Prefer to self describe	Good	0	NaN
Prefer to self describe	Average	0	NaN
Prefer to self describe	N/A	0	NaN
Prefer to self describe	Poor	0	NaN
Prefer to self describe	Very poor	0	NaN

Figure 12: Experience of care by employment status

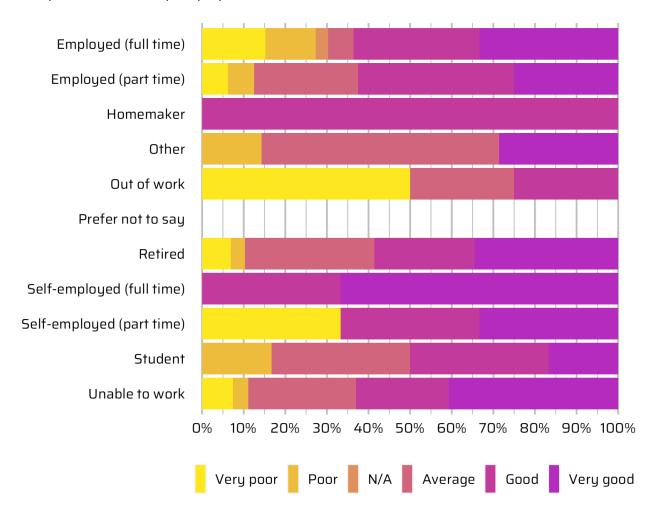


Table 12: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by employment status

Employment Status	Experience	Respondents	Percentage
Employed (full time)	Very good	11	33
Employed (full time)	Good	10	30
Employed (full time)	Average	2	6
Employed (full time)	N/A	1	3
Employed (full time)	Poor	4	12
Employed (full time)	Very poor	5	15
Employed (part time)	Very good	4	25
Employed (part time)	Good	6	38
Employed (part time)	Average	4	25
Employed (part time)	N/A	0	0
Employed (part time)	Poor	1	6
Employed (part time)	Very poor	1	6
Homemaker	Very good	0	0
Homemaker	Good	1	100
Homemaker	Average	0	0
Homemaker	N/A	0	0
Homemaker	Poor	0	0
Homemaker	Very poor	0	0
Other	Very good	2	29
Other	Good	0	0
Other	Average	4	57
Other	N/A	0	0
Other	Poor	1	14
Other	Very poor	0	0
Out of work	Very good	0	0
Out of work	Good	1	25
Out of work	Average	1	25
Out of work	N/A	0	0
Out of work	Poor	0	0
Out of work	Very poor	2	50
Prefer not to say	Very good	0	NaN
Prefer not to say	Good	0	NaN
Prefer not to say	Average	0	NaN
Prefer not to say	N/A	0	NaN
Prefer not to say	Poor	0	NaN

Prefer not to say	Very poor	0	NaN
Retired	Very good	10	34
Retired	Good	7	24
Retired	Average	9	31
Retired	N/A	0	0
Retired	Poor	1	3
Retired	Very poor	2	7
Self-employed (full time)	Very good	2	67
Self-employed (full time)	Good	1	33
Self-employed (full time)	Average	0	0
Self-employed (full time)	N/A	0	0
Self-employed (full time)	Poor	0	0
Self-employed (full time)	Very poor	О	0
Self-employed (part time)	Very good	1	33
Self-employed (part time)	Good	1	33
Self-employed (part time)	Average	О	0
Self-employed (part time)	N/A	О	0
Self-employed (part time)	Poor	О	0
Self-employed (part time)	Very poor	1	33
Student	Very good	1	17
Student	Good	2	33
Student	Average	2	33
Student	N/A	0	0
Student	Poor	1	17
Student	Very poor	0	0
Unable to work	Very good	11	41
Unable to work	Good	6	22
Unable to work	Average	7	26
Unable to work	N/A	0	0
Unable to work	Poor	1	4
Unable to work	Very poor	2	7

Figure 13: Experience of care by number of dependents

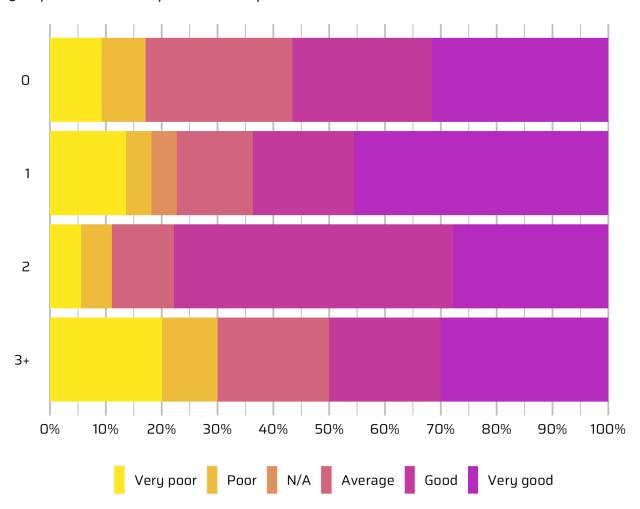


Table 13: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by dependents

Dependents	Experience	Respondents	Percentage
0	Very good	24	32
0	Good	19	25
0	Average	20	26
0	N/A	0	0
0	Poor	6	8
0	Very poor	7	9
1	Very good	10	45
1	Good	4	18
1	Average	3	14
1	N/A	1	5
1	Poor	1	5
1	Very poor	3	14
2	Very good	5	28
2	Good	9	50
2	Average	2	11
2	N/A	0	0
2	Poor	1	6
2	Very poor	1	6
3+	Very good	3	30
3+	Good	2	20
3+	Average	2	20
3+	N/A	0	0
3+	Poor	1	10
3+	Very poor	2	20

Figure 14: Experience of care by marital status

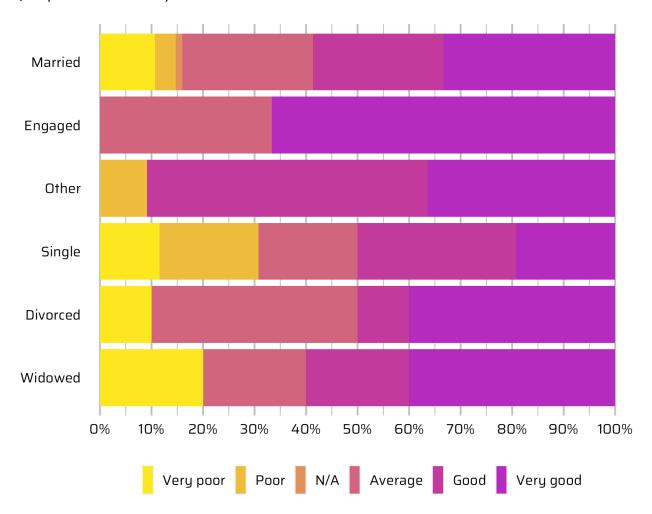


Table 14: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by marital status

Marital Status	Experience	Respondents	Percentage
Married	Very good	25	33
Married	Good	19	25
Married	Average	19	25
Married	N/A	1	1
Married	Poor	3	4
Married	Very poor	8	11
Engaged	Very good	2	67
Engaged	Good	0	0
Engaged	Average	1	33
Engaged	N/A	0	0
Engaged	Poor	0	0
Engaged	Very poor	0	0
Other	Very good	4	36
Other	Good	6	55
Other	Average	0	0
Other	N/A	0	0
Other	Poor	1	9
Other	Very poor	0	0
Single	Very good	5	19
Single	Good	8	31
Single	Average	5	19
Single	N/A	0	0
Single	Poor	5	19
Single	Very poor	3	12
Divorced	Very good	4	40
Divorced	Good	1	10
Divorced	Average	4	40
Divorced	N/A	0	0
Divorced	Poor	0	0
Divorced	Very poor	1	10
Widowed	Very good	2	40
Widowed	Good	1	20
Widowed	Average	1	20

Widowed	N/A	0	0
Widowed	Poor	О	0
Widowed	Very poor	1	20

Figure 15: Experience of care and mental wellbeing

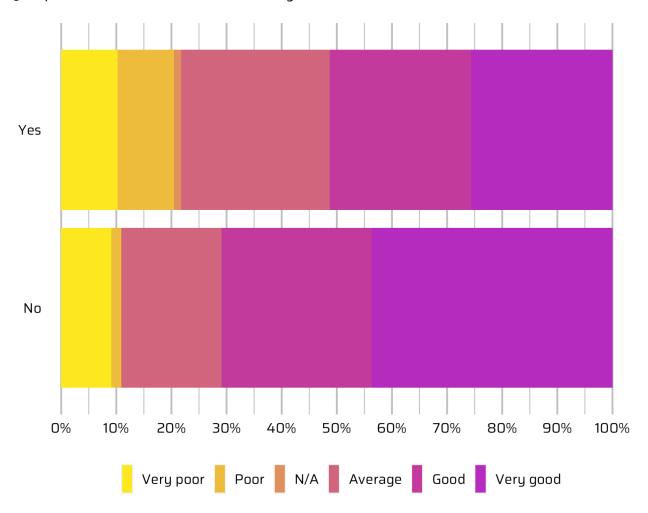


Table 15: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by feelings of being anxious or hopeless

Anxious or Hopeless	Experience	Respondents	Percentage
Yes	Very good	20	26
Yes	Good	20	26
Yes	Average	21	27
Yes	N/A	1	1
Yes	Poor	8	10
Yes	Very poor	8	10
No	Very good	24	44
No	Good	15	27
No	Average	10	18
No	N/A	0	0
No	Poor	1	2
No	Very poor	5	9

Figure 16: Experience of care by delays to care

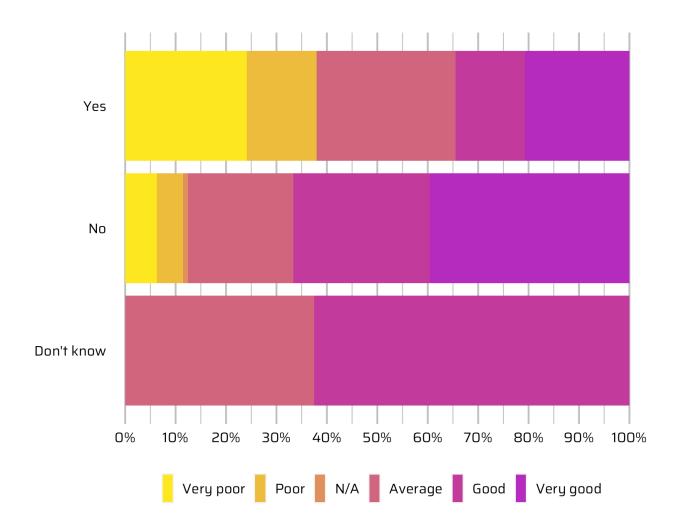


Table 16: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by feelings of being anxious or hopeless

Delay	Experience	Respondents	Percentage
Yes	Very good	6	21
Yes	Good	4	14
Yes	Average	8	28
Yes	N/A	0	0
Yes	Poor	4	14
Yes	Very poor	7	24
No	Very good	38	40
No	Good	26	27
No	Average	20	21
No	N/A	1	1
No	Poor	5	5
No	Very poor	6	6
Don't know	Very good	0	0
Don't know	Good	5	62
Don't know	Average	3	38
Don't know	N/A	0	0
Don't know	Poor	0	0
Don't know	Very poor	0	0

Figure 17: Experience of care by cancellations to care

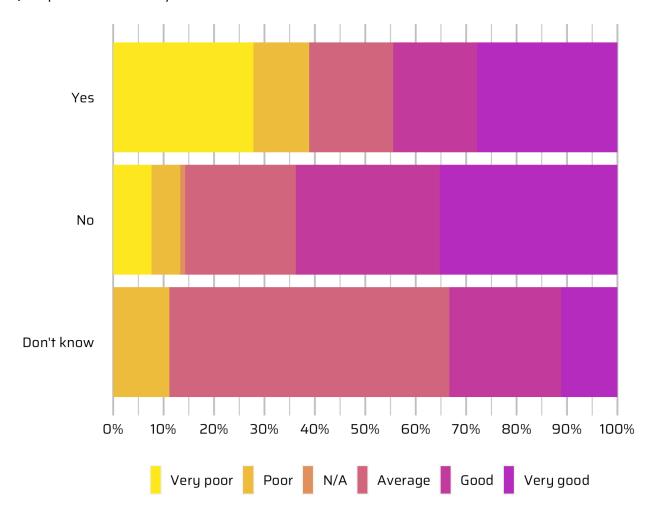


Table 17: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by whether or not they had experienced cancellations of care

not they had experienced cancellations of care				
Cancellation	Experience	Respondents	Percentage	
Yes	Very good	5	28	
Yes	Good	3	17	
Yes	Average	3	17	
Yes	N/A	0	0	
Yes	Poor	2	11	
Yes	Very poor	5	28	
No	Very good	37	35	
No	Good	30	29	
No	Average	23	22	
No	N/A	1	1	
No	Poor	6	6	
No	Very poor	8	8	
Don't know	Very good	1	11	
Don't know	Good	2	22	
Don't know	Average	5	56	
Don't know	N/A	0	0	
Don't know	Poor	1	11	
Don't know	Very poor	0	0	

Figure 18: Experience of care by financial status

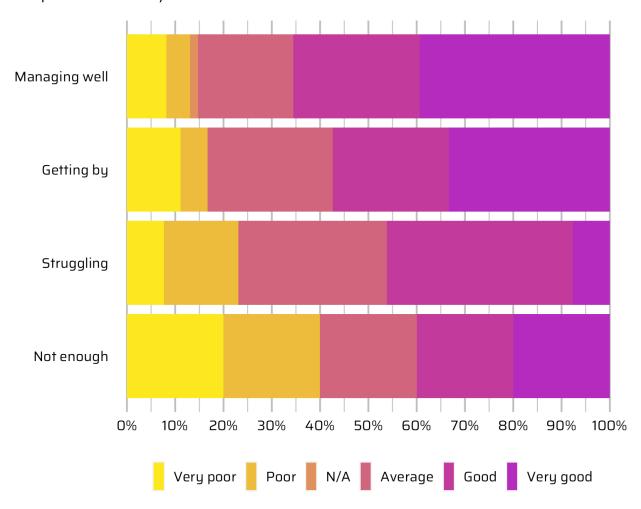


Table 18: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by reported financial status

Financial Status	Experience	Respondents	Percentage
Managing well	Very good	24	39
Managing well	Good	16	26
Managing well	Average	12	20
Managing well	N/A	1	2
Managing well	Poor	3	5
Managing well	Very poor	5	8
Getting by	Very good	18	33
Getting by	Good	13	24
Getting by	Average	14	26
Getting by	N/A	0	0
Getting by	Poor	3	6
Getting by	Very poor	6	11
Struggling	Very good	1	8
Struggling	Good	5	38
Struggling	Average	4	31
Struggling	N/A	0	0
Struggling	Poor	2	15
Struggling	Very poor	1	8
Not enough	Very good	1	20
Not enough	Good	1	20
Not enough	Average	1	20
Not enough	N/A	0	0
Not enough	Poor	1	20
Not enough	Very poor	1	20

Figure 19: Experience of care by age group

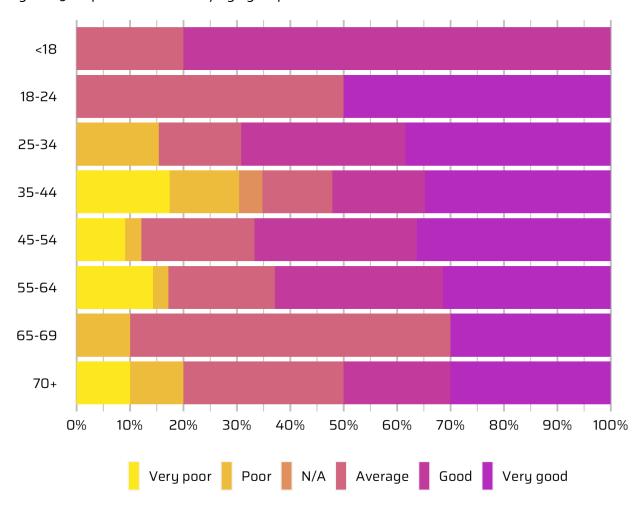


Table 19: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by age group

Age	Experience	Respondents	Percentage
<18	Very good	0	0
<18	Good	4	80
<18	Average	1	20
<18	N/A	0	0
<18	Poor	0	0
<18	Very poor	0	0
18-24	Very good	2	50
18-24	Good	0	0
18-24	Average	2	50
18-24	N/A	0	0
18-24	Poor	0	0
18-24	Very poor	0	0
25-34	Very good	5	38
25-34	Good	4	31
25-34	Average	2	15
25-34	N/A	0	0
25-34	Poor	2	15
25-34	Very poor	0	0
35-44	Very good	8	35
35-44	Good	4	17
35-44	Average	3	13
35-44	N/A	1	4
35-44	Poor	3	13
35-44	Very poor	4	17
45-54	Very good	12	36
45-54	Good	10	30
45-54	Average	7	21
45-54	N/A	0	0
45-54	Poor	1	3
45-54	Very poor	3	9
55-64	Very good	11	31
55-64	Good	11	31
55-64	Average	7	20
55-64	N/A	0	0
55-64	Poor	1	3

55-64	Very poor	5	14
65-69	Very good	3	30
65-69	Good	0	0
65-69	Average	6	60
65-69	N/A	0	0
65-69	Poor	1	10
65-69	Very poor	0	0
70+	Very good	3	30
70+	Good	2	20
70+	Average	3	30
70+	N/A	0	0
70+	Poor	1	10
70+	Very poor	1	10

Figure 20: Experience of care by ethnicity

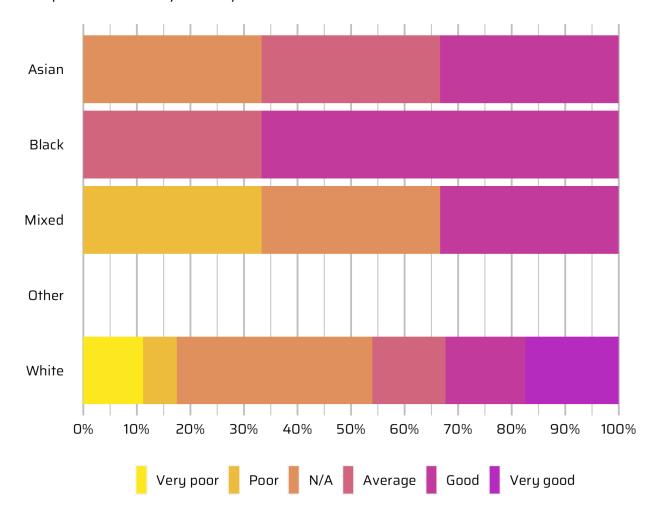


Table 20: No. of responses to the question 'Overall, what has your experience of care been like in the last 8 weeks?' by ethnicity

Ethnicity	Experience	Respondents	Percentage
Asian	Very good	0	0
Asian	Good	1	33
Asian	Average	1	33
Asian	N/A	1	33
Asian	Poor	0	0
Asian	Very poor	0	0
Black	Very good	0	0
Black	Good	2	67
Black	Average	1	33
Black	N/A	0	0
Black	Poor	0	0
Black	Very poor	0	0
Mixed	Very good	0	0
Mixed	Good	1	33
Mixed	Average	0	0
Mixed	N/A	1	33
Mixed	Poor	1	33
Mixed	Very poor	0	0
Other	Very good	0	NaN
Other	Good	0	NaN
Other	Average	0	NaN
Other	N/A	0	NaN
Other	Poor	0	NaN
Other	Very poor	0	NaN
White	Very good	42	17
White	Good	36	15
White	Average	33	14
White	N/A	88	37
White	Poor	15	6
White	Very poor	27	11



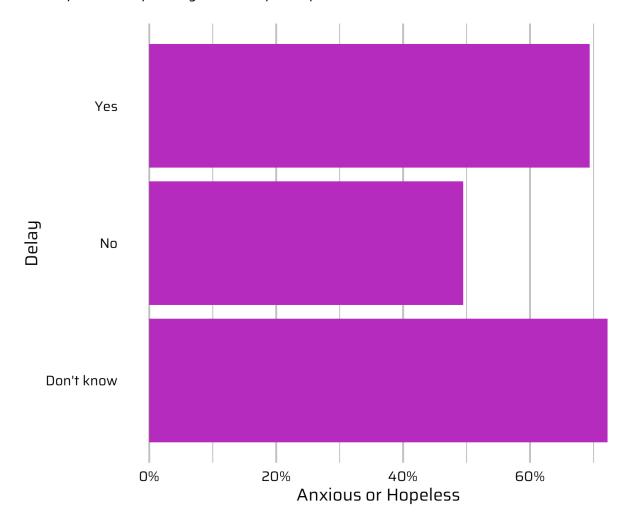
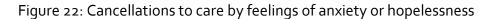


Table 21: No. and type of responses to the question 'Did you experience delays to your care?' by feelings of anxiety or hopelessness

Delay	Anxious or Hopeless	Respondents	Percentage
Yes	Yes	34	69
Yes	No	15	31
No	Yes	90	49
No	No	92	51
Don't know	Yes	13	72
Don't know	No	5	28



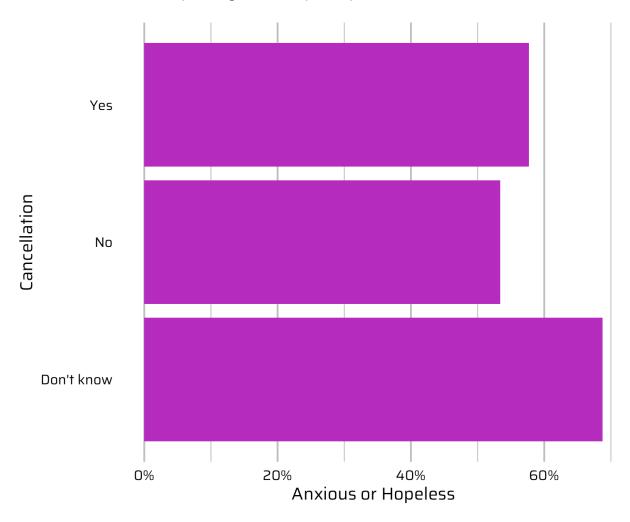


Table 22: No. and type of responses to the question 'Did you experience cancellations to your care?' by feelings of anxiety or hopelessness

Cancellation	Anxious or Hopeless	Respondents	Percentage
Yes	Yes	15	58
Yes	No	11	42
No	Yes	110	53
No	No	96	47
Don't know	Yes	11	69
Don't know	No	5	31

Emergency Support

Figure 23: How many times have you sought emergency care in the last 4 weeks?

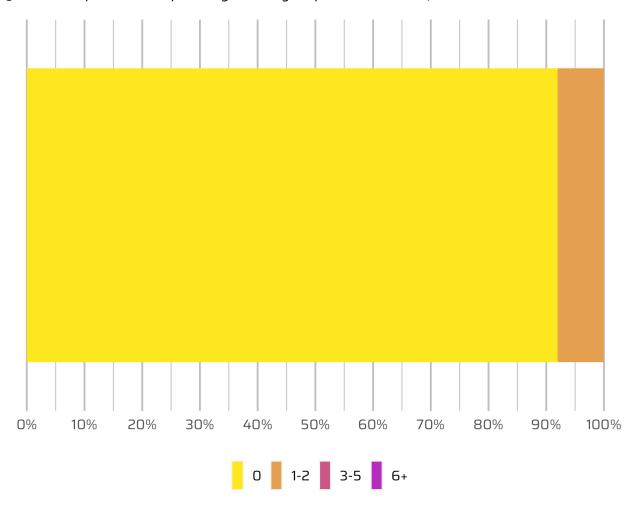


Table 23: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?'

Frequency	Respondents	Percentage
6+	0	0
3-5	0	0
1-2	20	8
0	230	92

Figure 24: Emergency support by gender

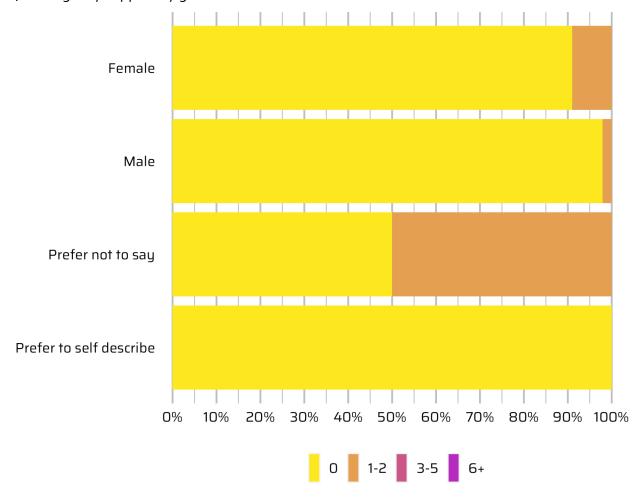


Table 24: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by gender

Gender	Frequency	Respondents	Percentage
Female	6+	0	0
Female	3-5	0	0
Female	1-2	18	9
Female	0	181	91
Male	6+	0	0
Male	3-5	0	0
Male	1-2	1	2
Male	0	47	98
Prefer not to say	6+	0	0
Prefer not to say	3-5	0	0
Prefer not to say	1-2	1	50
Prefer not to say	0	1	50
Prefer to self describe	6+	0	0
Prefer to self describe	3-5	0	0
Prefer to self describe	1-2	0	0
Prefer to self describe	0	1	100

Figure 25: Emergency support by employment status

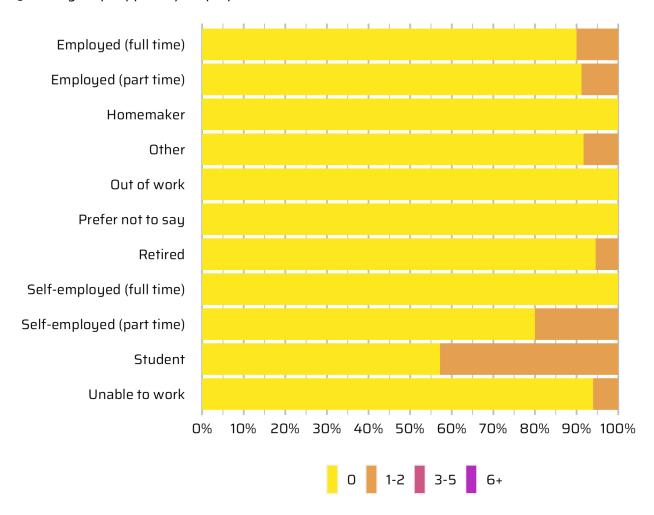


Table 25: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by employment status

Employment Status	Frequency	Respondents	Percentage
Employed (full time)	6+	0	0
Employed (full time)	3-5	0	0
Employed (full time)	1-2	6	10
Employed (full time)	0	54	90
Employed (part time)	6+	0	0
Employed (part time)	3-5	0	0
Employed (part time)	1-2	3	9
Employed (part time)	0	31	91
Homemaker	6+	0	0
Homemaker	3-5	0	0
Homemaker	1-2	0	0
Homemaker	0	8	100
Other	6+	0	0
Other	3-5	0	0
Other	1-2	1	8
Other	0	11	92
Out of work	6+	0	0
Out of work	3-5	0	0
Out of work	1-2	0	0
Out of work	0	7	100
Prefer not to say	6+	0	0
Prefer not to say	3-5	0	0
Prefer not to say	1-2	0	0
Prefer not to say	0	2	100
Retired	6+	0	0
Retired	3-5	0	0
Retired	1-2	3	5
Retired	0	52	95
Self-employed (full time)	6+	0	0
Self-employed (full time)	3-5	0	0
Self-employed (full time)	1-2	0	0
Self-employed (full time)	0	6	100
Self-employed (part time)	6+	0	0
Self-employed (part time)	3-5	0	0
Self-employed (part time)	1-2	1	20

Self-employed (part time)	0	4	80
Student	6+	0	0
Student	3-5	0	0
Student	1-2	3	43
Student	0	4	57
Unable to work	6+	0	0
Unable to work	3-5	0	0
Unable to work	1-2	3	6
Unable to work	0	47	94

Figure 26: Emergency support by number of dependents

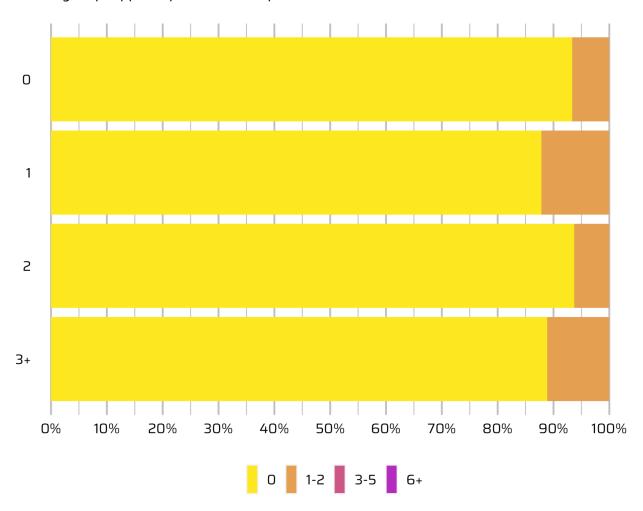


Table 26: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by number of dependents

Dependents	Frequency	Respondents	Percentage
0	6+	0	0
0	3-5	0	0
0	1-2	10	7
0	0	141	93
1	6+	0	0
1	3-5	0	0
1	1-2	5	12
1	0	36	88
2	6+	0	0
2	3-5	0	0
2	1-2	2	6
2	0	30	94
3+	6+	0	0
3+	3-5	0	0
3+	1-2	2	11
3+	0	16	89

Figure 27: Marital status by frequency of emergency support

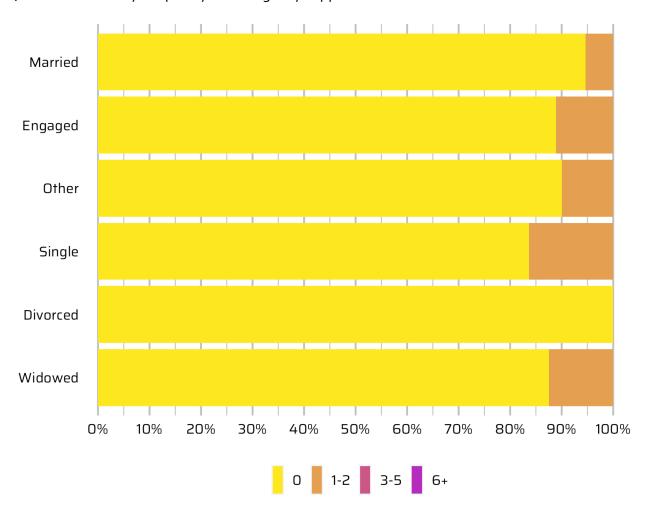
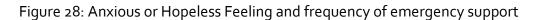


Table 27: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by number of marital status

Marital Status	Frequency	Respondents	Percentage
Married	6+	0	0
Married	3-5	0	0
Married	1-2	7	5
Married	0	123	95
Engaged	6+	0	0
Engaged	3-5	0	0
Engaged	1-2	1	11
Engaged	0	8	89
Other	6+	0	0
Other	3-5	0	0
Other	1-2	2	10
Other	0	18	90
Single	6+	0	0
Single	3-5	0	0
Single	1-2	9	16
Single	0	46	84
Divorced	6+	0	0
Divorced	3-5	0	0
Divorced	1-2	0	0
Divorced	0	24	100
Widowed	6+	0	0
Widowed	3-5	0	0
Widowed	1-2	1	12
Widowed	0	7	88



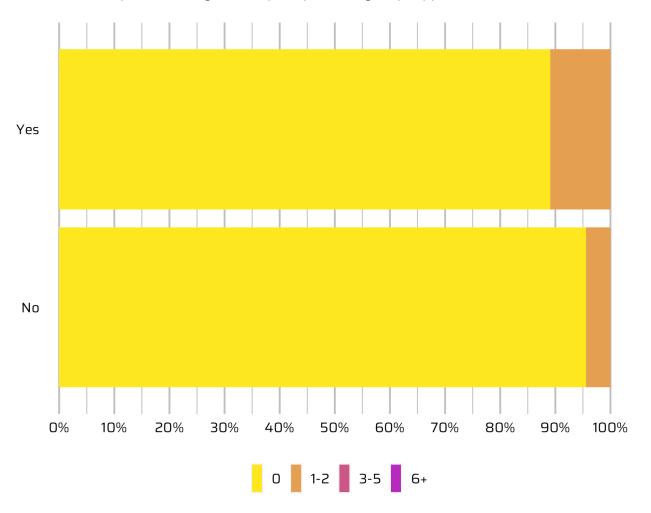


Table 28: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by those who reported feelings of anxiety and/or hopelessness

Anxious or Hopeless	Frequency	Respondents	Percentage
Yes	6+	0	0
Yes	3-5	0	0
Yes	1-2	15	11
Yes	0	122	89
No	6+	0	0
No	3-5	0	0
No	1-2	5	4
No	0	107	96

Figure 29: Delays to Care and frequency of emergency support

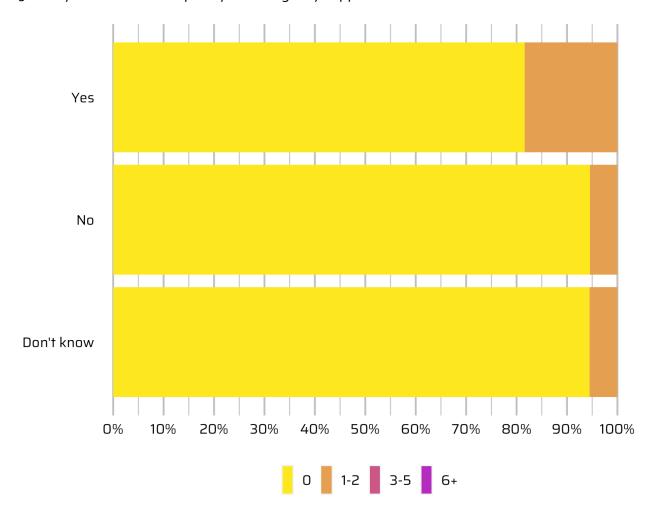


Table 29: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by those who reported delays to care

Delay	Frequency	Respondents	Percentage
Yes	6+	0	0
Yes	3-5	0	0
Yes	1-2	9	18
Yes	0	40	82
No	6+	0	0
No	3-5	0	0
No	1-2	10	5
No	0	173	95
Don't know	6+	0	0
Don't know	3-5	0	0
Don't know	1-2	1	6
Don't know	0	17	94

Figure 30: Cancellation of Care and frequency of emergency support

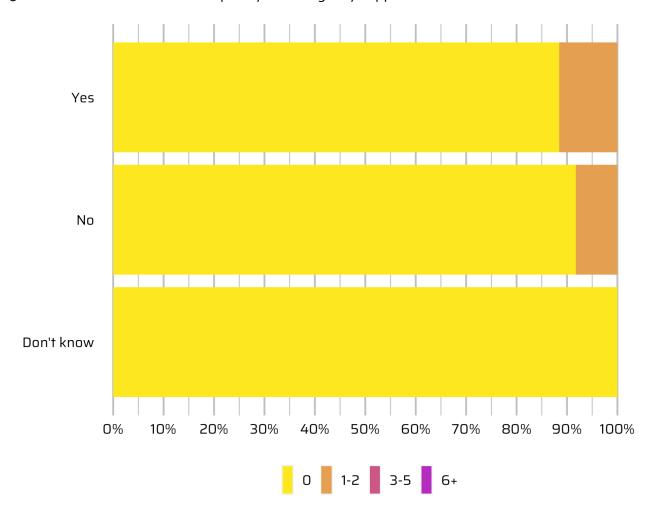


Table 30: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by those who reported cancellations to care

Cancellation	Frequency	Respondents	Percentage
Yes	6+	0	0
Yes	3-5	0	0
Yes	1-2	3	12
Yes	0	23	88
No	6+	0	0
No	3-5	0	0
No	1-2	17	8
No	0	190	92
Don't know	6+	0	0
Don't know	3-5	0	0
Don't know	1-2	0	0
Don't know	0	16	100

Figure 31: Financial Status and frequency of emergency support

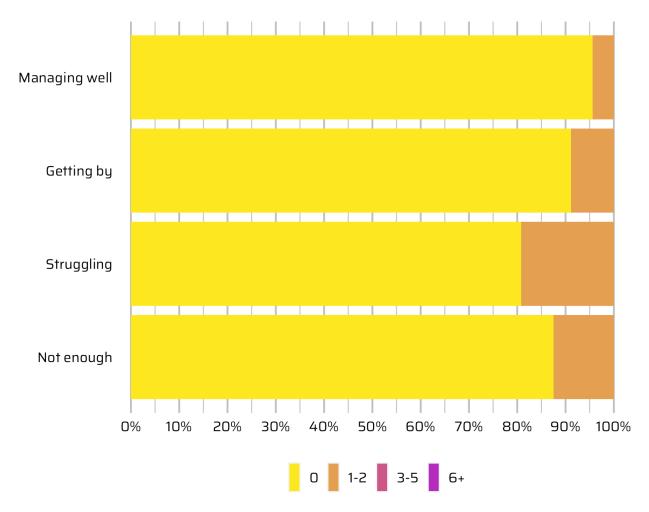


Table 31: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by financial status

Financial Status	Frequency	Respondents	Percentage
Managing well	6+	0	0
Managing well	3-5	0	0
Managing well	1-2	5	4
Managing well	0	110	96
Getting by	6+	0	0
Getting by	3-5	0	0
Getting by	1-2	9	9
Getting by	0	92	91
Struggling	6+	0	0
Struggling	3-5	0	0
Struggling	1-2	5	19
Struggling	0	21	81
Not enough	6+	0	0
Not enough	3-5	0	0
Not enough	1-2	1	12
Not enough	0	7	88

Figure 32: Age and frequency of emergency support

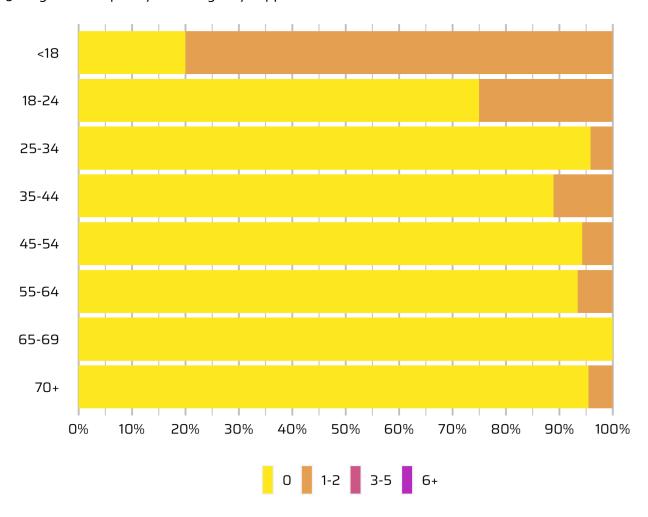


Table 32: No. of responses to the question 'How many times have you sought emergency support in the past 4 weeks?' by age group

Age	Frequency	Respondents	Percentage
<18	6+	0	0
<18	3-5	0	0
<18	1-2	4	80
<18	0	1	20
18-24	6+	0	0
18-24	3-5	0	0
18-24	1-2	1	25
18-24	0	3	75
25-34	6+	0	0
25-34	3-5	0	0
25-34	1-2	1	4
25-34	0	23	96
35-44	6+	0	0
35-44	3-5	0	0
35-44	1-2	5	11
35-44	0	40	89
45-54	6+	0	0
45-54	3-5	0	0
45-54	1-2	4	6
45-54	0	66	94
55-64	6+	0	0
55-64	3-5	0	0
55-64	1-2	4	7
55-64	0	57	93
65-69	6+	0	0
65-69		0	0
65-69		0	0
65-69	0	19	100
70+	6+	0	0
70+	3-5	0	0
70+	1-2	1	5
70+	0	21	95

Figure 33: Change to emergency support

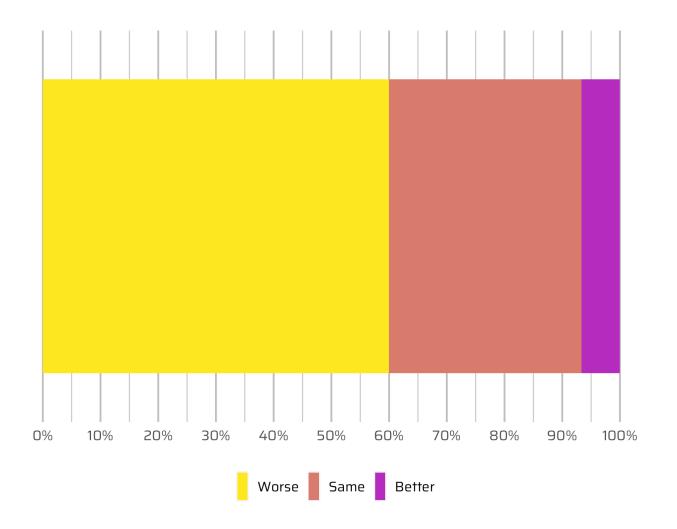


Table 33: No. of responses to the question 'Overall, do you feel that your experience of emergency care was different during the COVID-19 pandemic compared to before the pandemic?'

Change	Respondents	Percentage
Better	1	7
Same	5	33
Worse	9	6o

Access to planned care

Figure 34: Proportion of respondents who had accessed support in the past 8 weeks

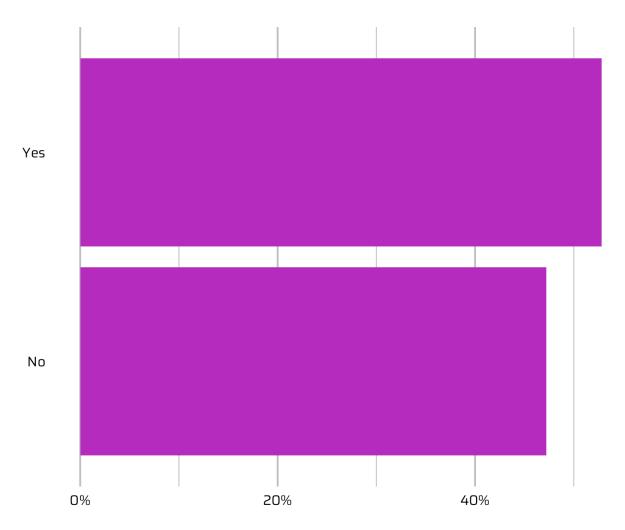


Table 34: No. of responses to the question 'Have you accessed treatment, care or support for your neurological condition in the past 8 weeks?'

Access	Respondents	Percentage
Yes	132	53
No	118	47

Figure 35: Number of Medical Appointments in the past 8 weeks

Nota bene: The basis for the percentages in this section is the number of observations as opposed to the number of respondents. A single respondent may have had multiple medical appointments and thus multiple observations.

Nota bene: Some respondents indicated they had had no treatment, care or support but also indicated they had accessed medical appointments in the past 8 weeks. This may have been as a result of incorrect questionnaire flow, which we are investigating further. For completeness, we have included all responses provided.

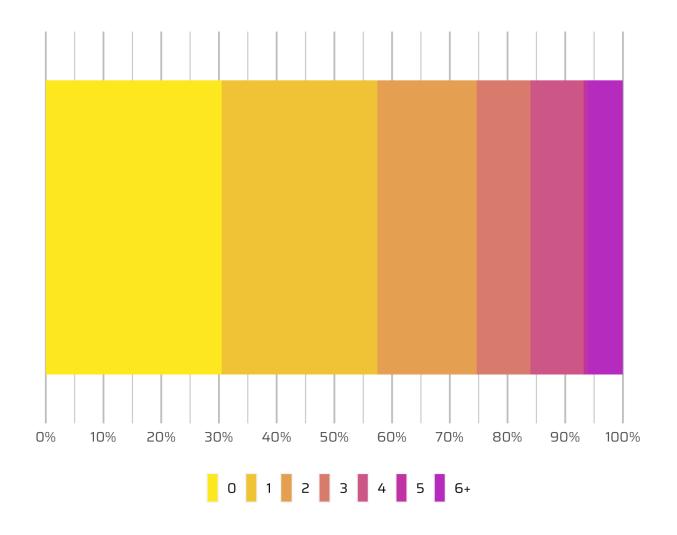


Table 35: No. of responses to the question 'How many medical appointments (including remote appointments) have you had in the last 8 weeks?

Numbe	r Respondents	Percentage
6+	15	6
5	2	1
4	23	9
3	23	9
2	43	17
1	67	27
0	76	31

Figure 36: Helpfulness of medical appointments

Nota bene: The basis for the percentages in this section is the number of observations as opposed to the number of respondents. A single respondent may have had multiple medical appointments and thus multiple observations.

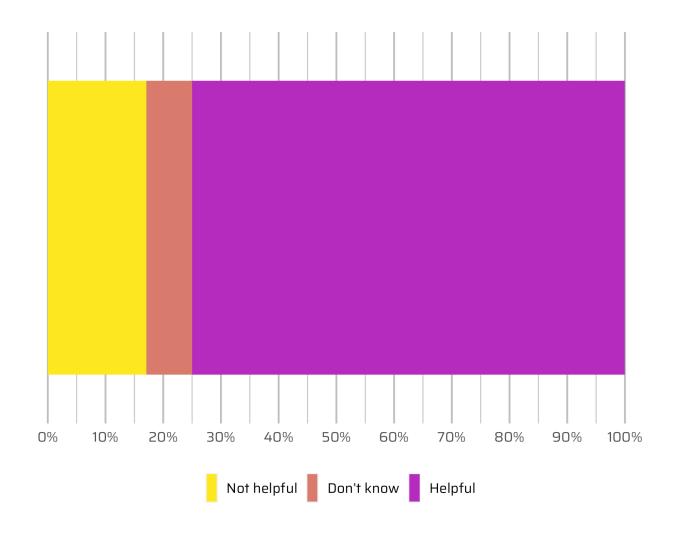


Table 36: Helpfulness of medical appointments

Helpfulness	Observations	Percentage
Helpful	294	75
Don't know	31	8
Not helpful	67	17

Figure 37: Type of appointment

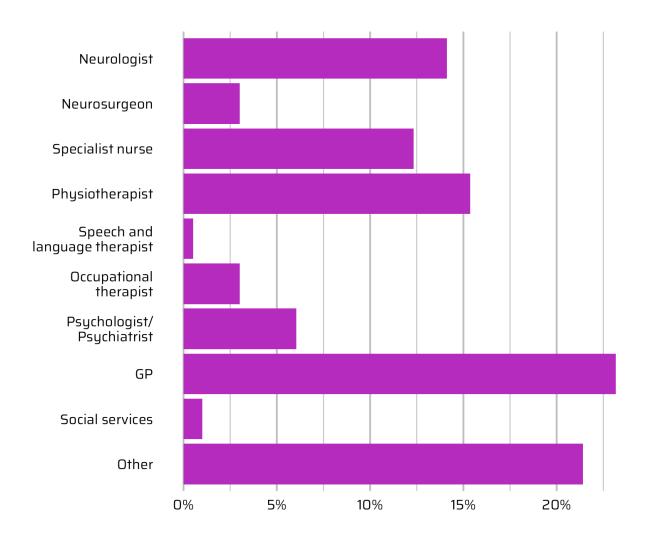


Table 37: Type of medical appointment

Specialty	Observations	Percentage
Neurologist	56	14
Neurosurgeon	12	3
Specialist nurse	49	12
Physiotherapist	61	15
Speech and language therapist	2	1
Occupational therapist	12	3
Psychologist/Psychiatrist	24	6
GP	92	23
Social services	4	1
Other	85	21

Figure 38: Helpfulness of appointment by specialty

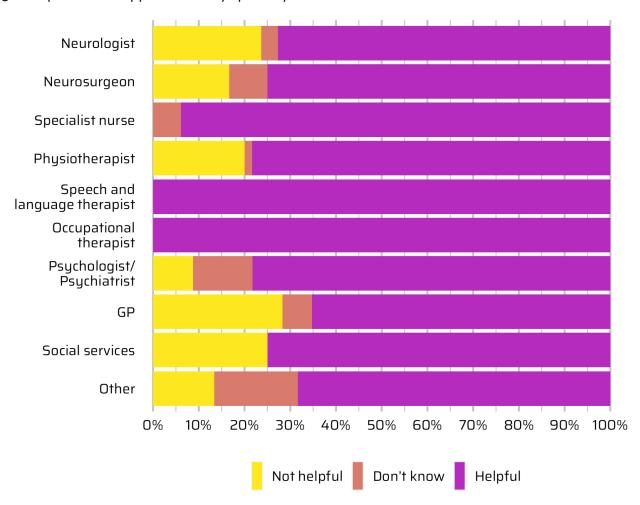


Table 38: Helpfulness of appointment by specialty

Specialty	Helpfulness	Observations	Percentage
Neurologist	Helpful	40	73
Neurologist	Don't know	2	4
Neurologist	Not helpful	13	24
Neurosurgeon	Helpful	9	75
Neurosurgeon	Don't know	1	8
Neurosurgeon	Not helpful	2	17
Specialist nurse	Helpful	46	94
Specialist nurse	Don't know	3	6
Specialist nurse	Not helpful	0	0
Physiotherapist	Helpful	47	78
Physiotherapist	Don't know	1	2
Physiotherapist	Not helpful	12	20
Speech and language therapist	Helpful	2	100
Speech and language therapist	Don't know	0	0
Speech and language therapist	Not helpful	0	0
Occupational therapist	Helpful	12	100
Occupational therapist	Don't know	0	0
Occupational therapist	Not helpful	0	0
Psychologist/Psychiatrist	Helpful	18	78
Psychologist/Psychiatrist	Don't know	3	13
Psychologist/Psychiatrist	Not helpful	2	9
GP	Helpful	60	65
GP	Don't know	6	7
GP	Not helpful	26	28
Social services	Helpful	3	75
Social services	Don't know	0	0
Social services	Not helpful	1	25
Other	Helpful	56	68
Other	Don't know	15	18
Other	Not helpful	11	13

Figure 39: Mode of delivery

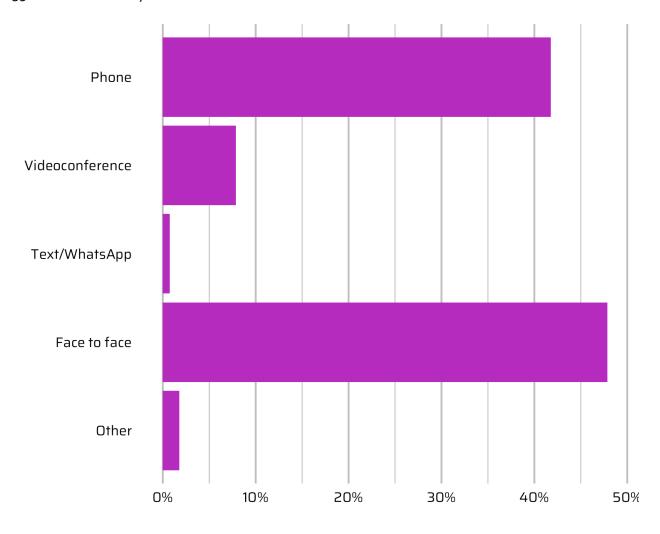


Table 39: Mode of delivery

Mode	Observations	Percentage
Phone	165	42
Videoconference	31	8
Text/WhatsApp	3	1
Face to face	189	48
Other	7	2

Figure 40: Helpfulness by mode of delivery

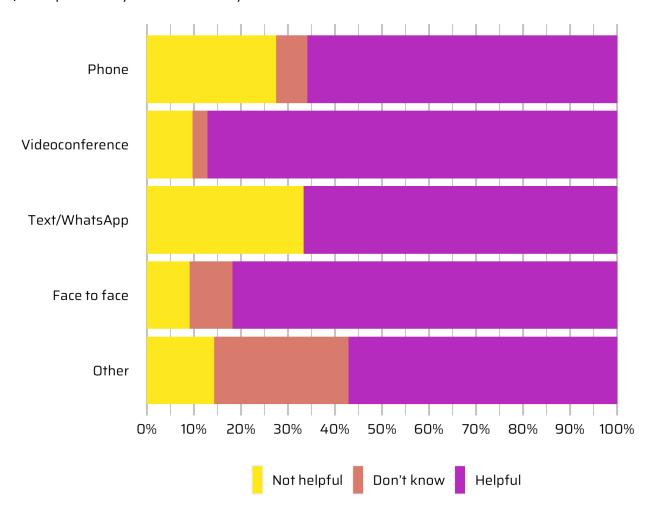


Table 40: Helpfulness by mode of delivery

Mode	Helpfulness	Observations	Percentage
Phone	Helpful	108	66
Phone	Don't know	11	7
Phone	Not helpful	45	27
Videoconference	Helpful	27	87
Videoconference	Don't know	1	3
Videoconference	Not helpful	3	10
Text/WhatsApp	Helpful	2	67
Text/WhatsApp	Don't know	0	0
Text/WhatsApp	Not helpful	1	33
Face to face	Helpful	153	82
Face to face	Don't know	17	9
Face to face	Not helpful	17	9
Other	Helpful	4	57

Other	Don't know	2	29
Other	Not helpful	1	14

Access to mental health support

Figure 41: To what extent are your mental health needs being met?

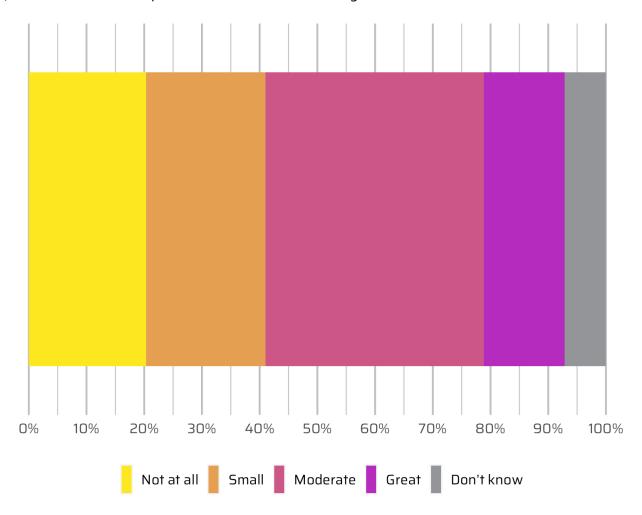


Table 41: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?'

Extent	Respondents	Percentage
Great	35	14
Moderate	95	38
Small	52	21
Not at all	51	20
Don't	18	7
know		

Figure 42: Mental health needs met by gender

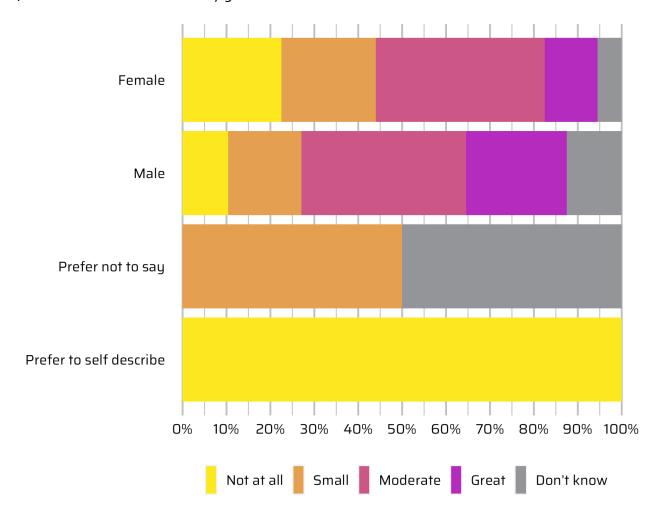


Table 42: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by gender

Gender	Extent	Respondents	Percentage
Female	Great	24	12
Female	Moderate	77	38
Female	Small	43	22
Female	Not at all	45	22
Female	Don't know	11	6
Male	Great	11	23
Male	Moderate	18	38
Male	Small	8	17
Male	Not at all	5	10
Male	Don't know	6	12
Prefer not to say	Great	0	0
Prefer not to say	Moderate	0	0
Prefer not to say	Small	1	50
Prefer not to say	Not at all	0	0
Prefer not to say	Don't know	1	50
Prefer to self describe	Great	0	0
Prefer to self describe	Moderate	0	0
Prefer to self describe	Small	0	0

Prefer	Not at all	1	100
to self			
describe			
Prefer	Don't	0	0
to self	know		
describe			

Figure 43: Mental Health Needs Met by employment status

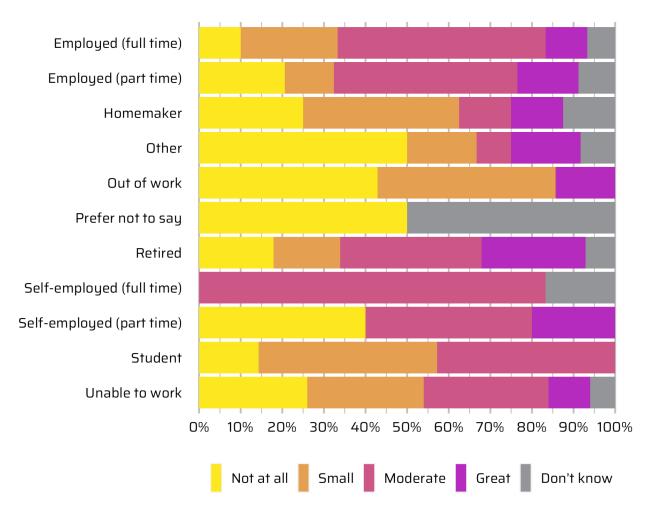


Table 43: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by employment status

Employment Status	Extent	Respondents	Percentage
Employed (full time)	Great	6	10
Employed (full time)	Moderate	30	50
Employed (full time)	Small	14	23
Employed (full time)	Not at all	6	10
Employed (full time)	Don't know	4	7
Employed (part time)	Great	5	15
Employed (part time)	Moderate	15	44
Employed (part time)	Small	4	12
Employed (part time)	Not at all	7	21
Employed (part time)	Don't know	3	9
Homemaker	Great	1	12
Homemaker	Moderate	1	12
Homemaker	Small	3	38
Homemaker	Not at all	2	25
Homemaker	Don't know	1	12
Other	Great	2	17
Other	Moderate	1	8
Other	Small	2	17
Other	Not at all	6	50
Other	Don't know	1	8
Out of work	Great	1	14
Out of work	Moderate	0	0
Out of work	Small	3	43
Out of work	Not at all	3	43
Out of work	Don't know	0	0
Prefer not to say	Great	0	0
Prefer not to say	Moderate	0	0
Prefer not to say	Small	0	0
Prefer not to say	Not at all	1	50
Prefer not to say	Don't know	1	50
Retired	Great	14	25
Retired	Moderate	19	34
Retired	Small	9	16
Retired	Not at all	10	18
Retired	Don't know	4	7

Self-employed (full time)	Great	0	0
Self-employed (full time)	Moderate	5	83
Self-employed (full time)	Small	0	0
Self-employed (full time)	Not at all	0	0
Self-employed (full time)	Don't know	1	17
Self-employed (part time)	Great	1	20
Self-employed (part time)	Moderate	2	40
Self-employed (part time)	Small	0	0
Self-employed (part time)	Not at all	2	40
Self-employed (part time)	Don't know	0	0
Student	Great	0	0
Student	Moderate	3	43
Student	Small	3	43
Student	Not at all	1	14
Student	Don't know	0	0
Unable to work	Great	5	10
Unable to work	Moderate	15	30
Unable to work	Small	14	28
Unable to work	Not at all	13	26
Unable to work	Don't know	3	6

Figure 44: Number of Dependents by Mental Health Needs Met

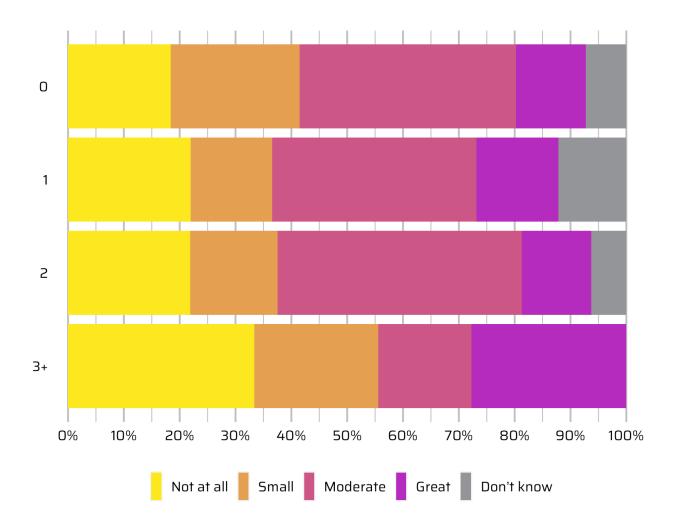


Table 44: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by number of dependents

Dependents	Extent	Respondents	Percentage
0	Great	19	12
0	Moderate	59	39
О	Small	35	23
0	Not at all	28	18
0	Don't know	11	7
1	Great	6	15
1	Moderate	15	37
1	Small	6	15
1	Not at all	9	22
1	Don't know	5	12
2	Great	4	12
2	Moderate	14	44
2	Small	5	16
2	Not at all	7	22
2	Don't know	2	6
3+	Great	5	28
3+	Moderate	3	17
3+	Small	4	22
3+	Not at all	6	33
3+	Don't know	0	0

Figure 45: Mental health needs met by marital status

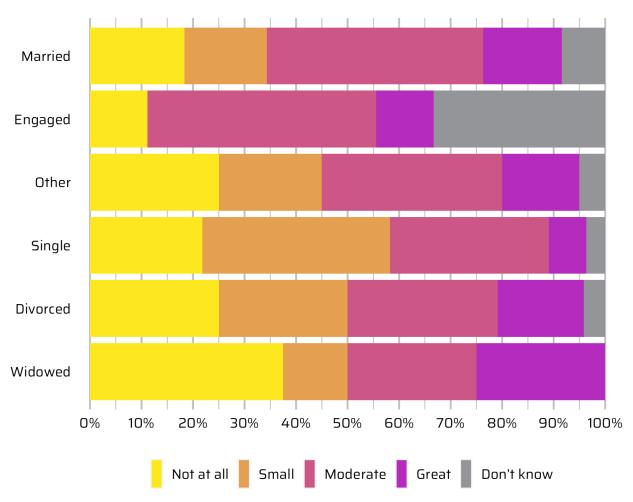


Table 45: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by marital status

Marital Status	Extent	Respondents	Percentage
Married	Great	20	15
Married	Moderate	55	42
Married	Small	21	16
Married	Not at all	24	18
Married	Don't know	11	8
Engaged	Great	1	11
Engaged	Moderate	4	44
Engaged	Small	0	0
Engaged	Not at all	1	11
Engaged	Don't know	3	33
Other	Great	3	15
Other	Moderate	7	35
Other	Small	4	20
Other	Not at all	5	25
Other	Don't know	1	5
Single	Great	4	7
Single	Moderate	17	31
Single	Small	20	36
Single	Not at all	12	22
Single	Don't know	2	4
Divorced	Great	4	17
Divorced	Moderate	7	29
Divorced	Small	6	25
Divorced	Not at all	6	25
Divorced	Don't know	1	4
Widowed	Great	2	25
Widowed	Moderate	2	25
Widowed	Small	1	12
Widowed	Not at all	3	38
Widowed	Don't know	0	0

Figure 46: Anxious or hopeless feeling

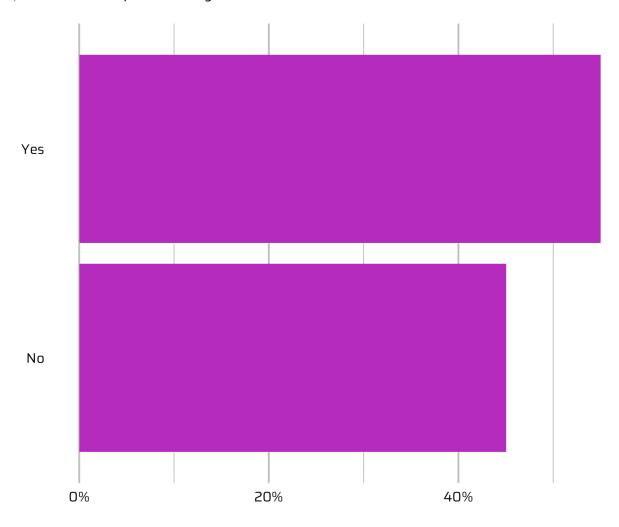


Table 46: Anxious or hopeless feeling

Anxious or Hopeless	Respondents	Percentage
Yes	138	55
No	113	45

Figure 47: Anxious or hopeless feeling by ethnicity

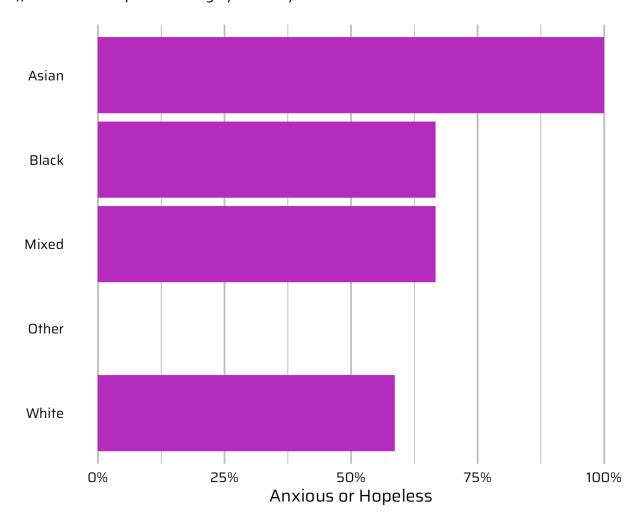


Table 47: Anxious or hopeless feeling by ethnicity

Ethnicity	Anxious or Hopeless	Respondents	Percentage
Asian	Yes	3	100
Asian	No	0	0
Black	Yes	2	67
Black	No	1	33
Mixed	Yes	2	67
Mixed	No	1	33
Other	Yes	0	NaN
Other	No	0	NaN
White	Yes	142	59
White	No	100	41

Figure 48: Anxious or hopeless feeling by marital status

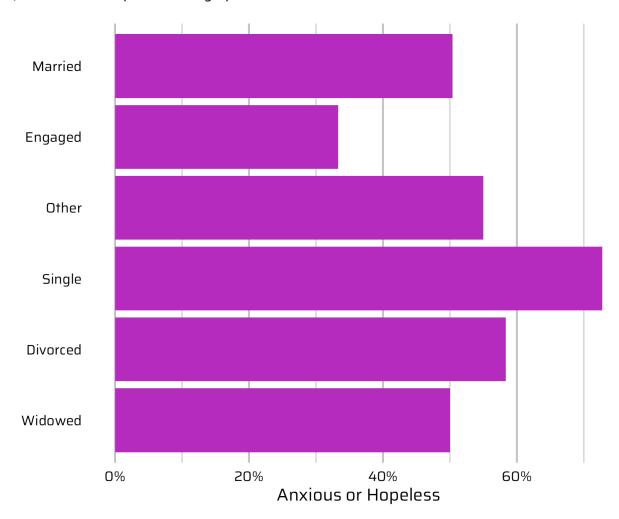


Table 48: Anxious or hopeless feeling by marital status

Marital Status	Anxious or Hopeless	Respondents	Percentage
Married	Yes	66	50
Married	No	65	50
Engaged	Yes	3	33
Engaged	No	6	67
Other	Yes	11	55
Other	No	9	45
Single	Yes	40	73
Single	No	15	27
Divorced	Yes	14	58
Divorced	No	10	42
Widowed	Yes	4	50
Widowed	No	4	50

Figure 49: Anxious or hopeless feeling by employment status

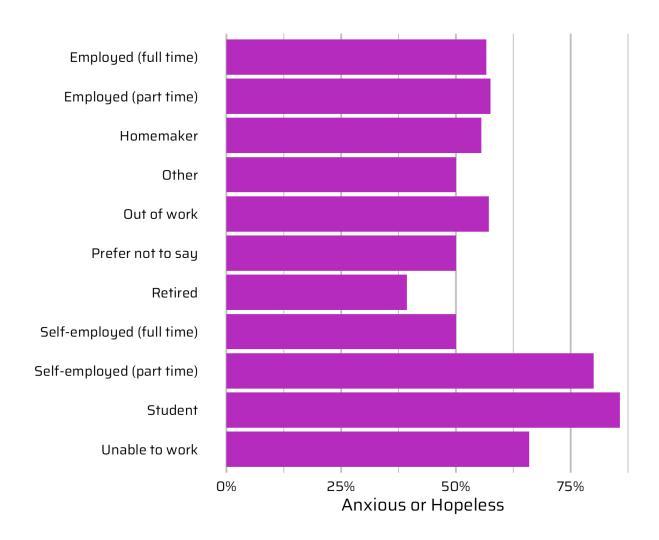


Table 49: Anxious or hopeless feeling by employment status

Employment Status	Anxious or Hopeless	Respondents	Percentage
Employed (full time)	Yes	34	57
Employed (full time)	No	26	43
Employed (part time)	Yes	19	58
Employed (part time)	No	14	42
Homemaker	Yes	5	56
Homemaker	No	4	44
Other	Yes	6	50
Other	No	6	50
Out of work	Yes	4	57
Out of work	No	3	43
Prefer not to say	Yes	1	50
Prefer not to say	No	1	50
Retired	Yes	22	39
Retired	No	34	61
Self-employed (full time)	Yes	3	50
Self-employed (full time)	No	3	50
Self-employed (part time)	Yes	4	80
Self-employed (part time)	No	1	20
Student	Yes	6	86
Student	No	1	14
Unable to work	Yes	33	66
Unable to work	No	17	34

Figure 50: Anxious or hopeless feeling by financial status

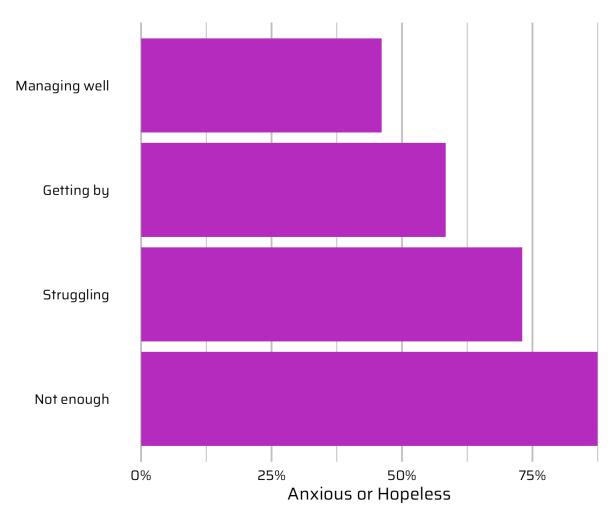


Table 50: Anxious or hopeless feeling by financial status

Financial Status	Anxious or Hopeless	Respondents	Percentage
Managing well	Yes	53	46
Managing well	No	62	54
Getting by	Yes	59	58
Getting by	No	42	42
Struggling	Yes	19	73
Struggling	No	7	27
Not enough	Yes	7	88
Not enough	No	1	12

Figure 51: Anxious or Hopeless Feeling by Mental Health Needs Met

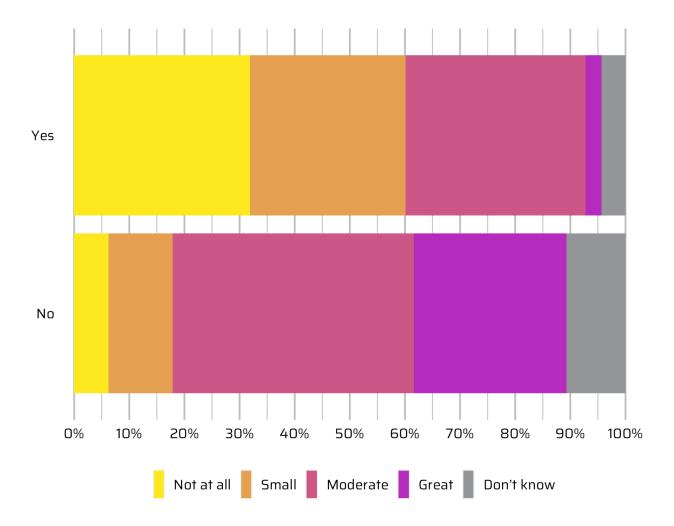


Table 51: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by feelings of anxiety or hopelessness

Anxious or Hopeless	Extent	Respondents	Percentage
Yes	Great	4	3
Yes	Moderate	45	33
Yes	Small	39	28
Yes	Not at all	44	32
Yes	Don't know	6	4
No	Great	31	28
No	Moderate	49	44
No	Small	13	12
No	Not at all	7	6
No	Don't know	12	11

Figure 52: Delay to Care by the Extent Mental Health Needs Met

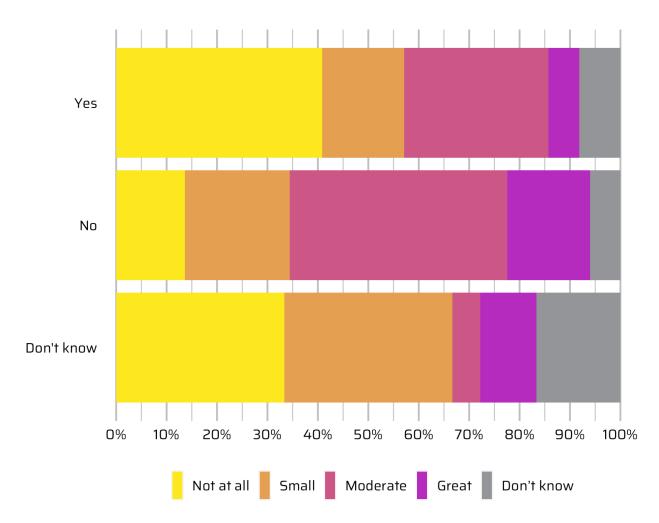
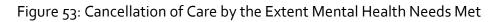


Table 52: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by delays to care

Delay	Extent	Respondents	Percentage
Yes	Great	3	6
Yes	Moderate	14	29
Yes	Small	8	16
Yes	Not at all	20	41
Yes	Don't know	4	8
No	Great	30	16
No	Moderate	79	43
No	Small	38	21
No	Not at all	25	14
No	Don't know	11	6
Don't know	Great	2	11
Don't know	Moderate	1	6

Don't know	Small	6	33
Don't know	Not at all	6	33
Don't know	Don't know	3	17



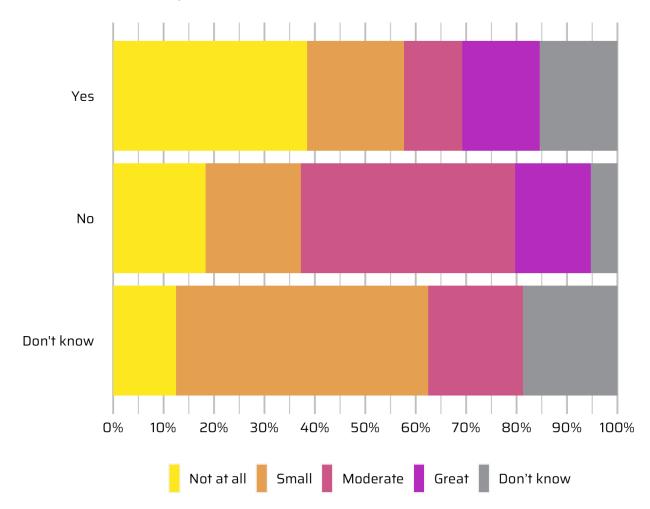


Table 53: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by cancellation of care

Cancellation	Extent	Respondents	Percentage
Yes	Great	4	15
Yes	Moderate	3	12
Yes	Small	5	19
Yes	Not at all	10	38
Yes	Don't know	4	15
No	Great	31	15
No	Moderate	88	43
No	Small	39	19
No	Not at all	38	18
No	Don't know	11	5
Don't know	Great	0	0
Don't know	Moderate	3	19
Don't know	Small	8	50
Don't know	Not at all	2	12
Don't know	Don't know	3	19

Figure 54: Financial Status by Extent Mental Health Needs Met

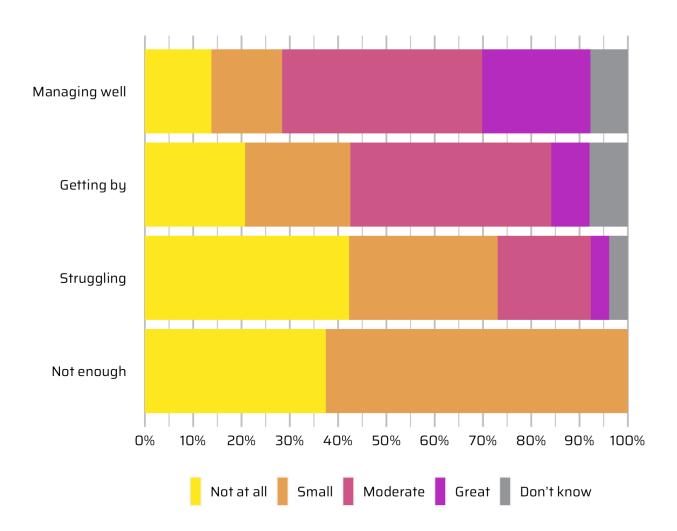


Table 54: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by financial status

Financial Status	Extent	Respondents	Percentage
Managing well	Great	26	22
Managing well	Moderate	48	41
Managing well	Small	17	15
Managing well	Not at all	16	14
Managing well	Don't know	9	8
Getting by	Great	8	8
Getting by	Moderate	42	42
Getting by	Small	22	22
Getting by	Not at all	21	21
Getting by	Don't know	8	8
Struggling	Great	1	4
Struggling	Moderate	5	19
Struggling	Small	8	31
Struggling	Not at all	11	42
Struggling	Don't know	1	4
Not enough	Great	0	0
Not enough	Moderate	0	0
Not enough	Small	5	62
Not enough	Not at all	3	38
Not enough	Don't know	0	0

Figure 55: Age group and Extent Mental Health Needs Met

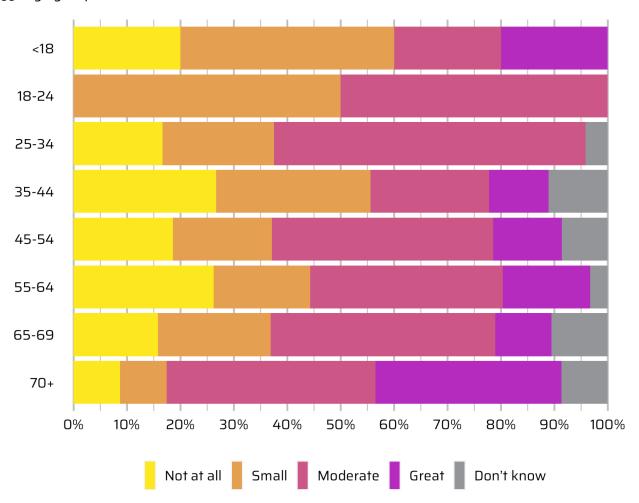
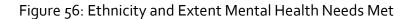


Table 55: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by age group

Age	Extent	Respondents	Percentage
<18	Great	1	20
<18	Moderate	1	20
<18	Small	2	40
<18	Not at all	1	20
<18	Don't know	0	0
18-24	Great	0	0
18-24	Moderate	2	50
18-24	Small	2	50
18-24	Not at all	0	0
18-24	Don't know	0	0
25-34	Great	0	0
25-34	Moderate	14	58
25-34	Small	5	21
25-34	Not at all	4	17
25-34	Don't know	1	4
35-44	Great	5	11
35-44	Moderate	10	22
35-44	Small	13	29
35-44	Not at all	12	27
35-44	Don't know	5	11
45-54	Great	9	13
45-54	Moderate	29	41
45-54	Small	13	19
45-54	Not at all	13	19
45-54	Don't know	6	9
55-64	Great	10	16
55-64	Moderate	22	36
55-64	Small	11	18
55-64	Not at all	16	26
55-64	Don't know	2	3
65-69	Great	2	11
65-69	Moderate	8	42
65-69	Small	4	21
65-69	Not at all	3	16
65-69	Don't know	2	11

70+	Great	8	35
70+	Moderate	9	39
70+	Small	2	9
70+	Not at all	2	9
70+	Don't know	2	9



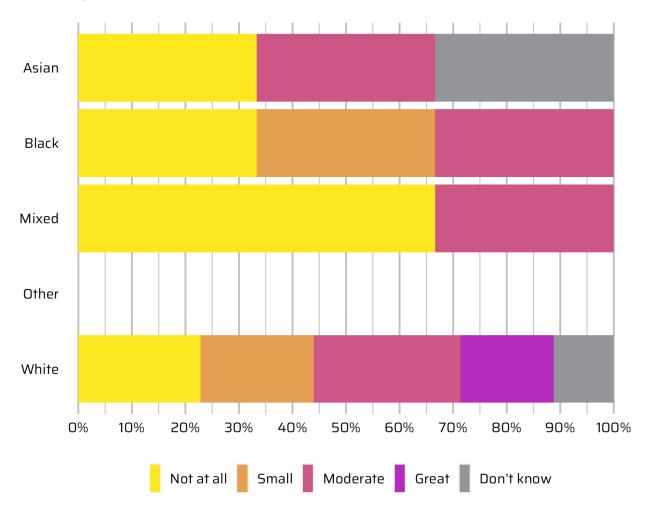


Table 56: No. and type of responses to the question 'To what extent do you feel your mental health needs are being met?' by ethnicity

Ethnicity	Extent	Respondents	Percentage
Asian	Great	0	0
Asian	Moderate	1	33
Asian	Small	0	0
Asian	Not at all	1	33
Asian	Don't know	1	33
Black	Great	0	0
Black	Moderate	1	33
Black	Small	1	33
Black	Not at all	1	33
Black	Don't know	0	0

Mixed	Great	0	0
Mixed	Moderate	1	33
Mixed	Small	0	0
Mixed	Not at all	2	67
Mixed	Don't know	0	0
Other	Great	0	NaN
Other	Moderate	0	NaN
Other	Small	0	NaN
Other	Not at all	0	NaN
Other	Don't know	0	NaN
White	Great	42	17
White	Moderate	66	27
White	Small	51	21
White	Not at all	55	23
White	Don't know	27	11